Identifying and Assisting Victims of Human Trafficking

As a service provider, you may have an opportunity to identify and assist a victim of human trafficking. These are some red flags:

- Seems anxious, fearful or paranoid. Avoids eye contact.
- Tearfulness or signs of depression.
- Unexplained bruises or cuts or other signs of physical abuse.
- Appears to be in a relationship with someone who is dominating.
- Never is alone and/or always has someone translating or answering questions on their behalf.
- Not in control of their own finances.
- Presents with secrecy or unable to answer questions about where they live.
- Inconsistent details when telling their story.
- Has no identification such as a license, passport or other ID documents.
- Inability to leave their job or residence. Says they cannot schedule appointments.
- Being a recent arrival to the United States and does not speak English.
- Is under 18 and providing commercial sex acts. Or at any age unwillingly providing commercial sex acts.
- Is afraid of law enforcement or receiving help from an outside entity.

If you can find an opportunity to get them alone, ask them the following screening questions:

- Can you leave your job or house when you want?
- Where did you get those bruises or is anyone hurting you?
- Do you get paid for your employment? Is it fair? How many hours do you work?
- (If foreign national) How did you get to the U.S. and is it what you expected? Are you being forced to do anything you don’t want to do?
- Are you or your family being threatened?
- Do you live with or near your employer? Does your employer provide you housing? Are there locks on doors or windows from outside?
- Do you owe debt to anyone?
If you suspect they are a victim of human trafficking, take the following actions:

- Ask the person if you can help them find a safe place to go immediately.
- If they need time, create an action plan with them to get to a safe place when they are ready.
- Call and make a report to the human trafficking hotline at 1.888.373.788. The hotline has language capabilities, so any individual can call directly if they choose.
- If you need more guidance, you can call and talk through the case with USCCB Anti-trafficking program staff at 202.541.3357.

Human Trafficking in the United States

Each year, as many as 17,000 vulnerable men, women and children are trafficked across our borders and then forced into slavery. Many are fleeing terrible situations in their home countries, and come to the United States to find a better life. Unfortunately, the nightmare often begins when they reach our shores.

What we do...For over a decade, the United States Conference of Catholic Bishops (USCCB) has been a national leader in advocacy and education to eradicate sex and labor trafficking. For six years, USCCB and our partners provided intensive case management services to victims of human trafficking. Currently, the agency is concentrating on training and technical assistance so that victims can be identified, brought into safety, and ultimately we can help eradicate the horrible crime of modern day slavery.

Be part of the solution...

1. Be observant. Identify victims in your community and respond appropriately.
2. Be informed. Sign up for our web-based trainings and/or e-newsletter at: www.usccb.org/stopslavery.
3. Spread the word. Help us distribute posters and other resources in your community. For resources, contact us at 202.541.3357.