



# 5 FIVE WAYS

to protect your children from sexual abuse

*Parents play the primary role in educating their children about sexual abuse. Here are 5 tips for teaching safety to the little ones God has entrusted to you.*

1

**Keep it practical.** Teach your children the differences between safe touches and unsafe touches.

2

**Tell your children that saying “no” is okay.** Empower your children to say “no” if anyone makes them feel uncomfortable or touches them inappropriately.

3

**Give your children a way to alert you.** Tell your children they can use an excuse or share a special “code-word” with you to alert you about an unsafe person or situation.

4

**Tell your children to report an unsafe touch.** Let your children know they should tell you if they feel uncomfortable or unsafe around any adult or peer. You can also identify other adults they can tell about unsafe touches.

5

**Tell your children you trust them.** If your child makes a report to you, believe him or her. Tell them it is not their fault and that you love them. Immediately bring the allegation to the attention of public authorities.



Promise to Protect

Pledge to Heal



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