



# DAY FIVE

January 25, 2017

## Intercession

For an end to domestic violence.

## Prayers

*Our Father, 3 Hail Marys, Glory Be*

## Reflection

“A correct reading of Scripture leads people to an understanding of the equal dignity of men and women and to relationships based on mutuality and love. Beginning with Genesis, Scripture teaches that women and men are created in God’s image.” (“When I Call for Help: A Pastoral Response to Domestic Violence Against Women” USCCB 2002. See: [www.goo.gl/mH4b46](http://www.goo.gl/mH4b46)).

## Acts of Reparation (choose one)

- Do you love your cup of tea or coffee in the morning? Fast from caffeine today, or try your coffee black.
- Learn how to pray the Angelus prayer and consider saying it every day—on awakening, at noon, or at 6 p.m. (or all three times).
- Give up your favorite form (or all forms) of social media for the day. Spend some of the extra time meditating upon a Scripture verse or passage.

## One Step Further

Three in four Americans are reported to know a victim of domestic violence. Learn to recognize some of the signs in “**Life Matters: Domestic Violence**,” which discusses the painful assault on human dignity that is domestic violence. Read the article at [www.goo.gl/gVJ9fd](http://www.goo.gl/gVJ9fd).

Additional resources on domestic violence are available at **www.ForYourMarriage.org\*** ([www.goo.gl/CpKtLF](http://www.goo.gl/CpKtLF)), as well as the USCCB webpage on domestic violence ([www.goo.gl/ajGdPz](http://www.goo.gl/ajGdPz)).

*If you believe someone you know may be in a troubled situation, you should call a domestic violence hotline number for assistance, or encourage the person to call the hotline or emergency services themselves.*



\*An initiative of the United States Conference of Catholic Bishops. Image: A mosaic of Our Lady of Guadalupe decorates a side altar in the Church of Santa Maria della Famiglia at the Vatican. Dec. 15. (CNS photo/Paul Haring). Copyright © 2016, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.



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4 WAYS TO JOIN

