Take 30 (Seconds): A pause to reflect or pray in silence

Share: A time for each family member to share

Pray: A suggested moment for prayer

**FAMILY CONVERSATIONS**

Here is a guide to assist your family in talking about the Sunday readings. Keep these cards handy wherever they are most likely to be seen and used before and after church. Examine the readings (or the homily) for images or vocabulary that trigger reactions. What’s important is that you have the chat together. Follow your conversations wherever they might lead.

**KEY TO THE CONVERSATIONS**

- **Key Idea:** Reflection on a central idea in the readings
- **Take 30 (Seconds):** A pause to reflect or pray in silence
- **Share:** A time for each family member to share
- **Pray:** A suggested moment for prayer

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**LENT/EASTER 2010**

**YEAR C**

Take a few moments each week as a family to read, reflect upon, and talk about the Sunday readings. Keep these materials in an easily accessed place, perhaps on your dining room table, in the car, or on your bedside table. Use the following reflections to start a family conversation centered around God’s Word. Encourage family members to share other questions or comments based on the readings. Through these conversations your family is being led by the Holy Spirit to break open God’s Word today.

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**Lenten Journey of Conversion**

Our daily Lenten journey of conversion, our daily commitment to repentance, is the perfect opportunity to focus on our weaknesses, failures, and sins and to strive to hear God’s word more attentively this Lenten season. It is a time not only for deeper awareness of our weaknesses, failures, and sinful-ness as a family, to cultivate our journey of conversion—pressing on, striving to follow. What does each Gospel version mean to you—individually and/or as a family? Who in the community are you called to support as they progress in their journeys of conversion—catechumens, returning Catholics, new members of the parish? What does daily conversion mean to you—individually and/or as a family? How is each family member striving to hear God’s word more attentively this Lenten season? What does daily conversion mean to you—individually and/or as a family? How is each family member striving to hear God’s word more attentively this Lenten season?
Easter Sunday
April 4, 2010
Acts 10:34a, 37-43; Col 3:1-4 or 1 Cor 5:6b-8; Jn 20:1-9 or Lk 24:1-12
Gospel Highlight: Jn 20:8—

The Resurrection of our Lord is the central mystery of Christian faith. It is also the central hope of daily human existence. With the Resurrection we can be certain that suffering and death is not the final word on the human condition. This is the deepest source of Christian joy. On Easter Sunday God’s Word bursts forth in a joyful hymn of praise as the Church responds with Alleluia! Our Lenten observance now finds its fullest meaning. As the message of Easter resounds in our minds and hearts, the truth of Jesus’ Resurrection finds echo in our lives. Christ is risen; he is risen indeed! Alleluia!

TAKE 30 (SECONDS): Reflect or pray in silence.

SHARE: How has our reflection on God’s Word during Lent prepared us to celebrate the Lord’s Resurrection? Name one personal hope and one family hope that is renewed in light of the event of Easter. Have each family member share how he or she will continue to reflect on the meaning of the Lord’s Resurrection throughout the Easter season.

PRAY: (Repeat each phrase after the leader) Alleluia! Alleluia! The Lord is risen as he said. / He lives now to lead us to the fullness of hope and joy in God. / Alleluia! Alleluia!

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