August 2: Friday Fast (First Friday / St. Peter Julian Eymard)

Intention:

That we may become better friends with Jesus, and that our friendship with Him would help us to reflect His love for everyone.

Did you know?

Today is the feast day of St. Peter Julian

Eymard (called the "Apostle of the Eucharist"):

"Belong entirely to God through love, entirely
to your neighbor through a gracious charity,
entirely to the divine Eucharist by the offering
and sacrifice of your whole self. Bear with
yourself in the patience of our Lord."

(See also: "A Holy Hour for Life: Prayers Before the Blessed Sacrament for the Gospel of Life").

Quick Links

- ⇒ Call to Prayer webpage
- ⇒ Call to Prayer Facebook group
- ⇒ Past weekly intentions and reflections

Reflection:

When we look at our society, we see a great deal of suffering, injustice, and heartache. We see people of inestimable worth who are looked down on or rejected because of their disabilities. We see women facing unexpected pregnancies who feel trapped and as though there is no life-affirming support for both them and their children. We see elderly men and women who fear that they are a burden.

Yet we know that "the LORD is close to the brokenhearted" (Ps 34:19). And we know that He invites us to help Him show all people His love. We might feel intimidated and overwhelmed because we don't know how to respond to the great need we see, but He will show us.

Let us draw close to Jesus, spending time with Him and listening to His voice. Let us ask for help seeing Him in those around us and loving them with His heart: "Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me" (Mt 25:40).

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VISIT <u>WWW.USCCB.ORG/FAST</u> TO SIGN THE FASTING PLEDGE & TO SIGN UP FOR WEEKLY E-MAIL REMINDERS & INTENTIONS, OR TEXT "FAST" TO 99000 TO RECEIVE WEEKLY TEXT MESSAGES.