July 26: Friday Fast (St. Joachim & St. Anne)

Intention:

For grandparents, that they may be cherished by their families as they continue to witness to fidelity, love, and sacrifice.

Did you know?

The next video in the <u>Marriage: Unique for a</u>
<u>Reason series</u> is a Spanish-language video
called "El Matrimonio: Hecho para el amor y la
vida" ("Marriage: Made for Love and Life"). In
the video, grandparents Hector and Rosa, who
are celebrating their 50th anniversary, gently
help their grandson Miguel and his girlfriend
Maria see the beauty of lifelong married love
between a husband and wife. <u>Go here to</u>
<u>watch a trailer of "El Matrimonio"</u> (with a duallanguage script).

|Quick Links

- ⇒ Call to Prayer webpage
- ⇒ Call to Prayer Facebook group
- ⇒ Past weekly intentions and reflections

Reflection:

Today is the feast day of St. Joachim and St. Anne, the parents of Mary and grandparents of Jesus. In 2008, Pope Benedict XVI said that grandparents are "witnesses of a personal and community history" that continues "to live on in their memories and in their wisdom."

More quotes from Benedict's talk:

"Who does not remember their grandparents? Who can forget their presence and their witness by the domestic hearth? How many of us bear their names as a sign of continuity and gratitude!"

"May grandparents return to being a living presence in the family, in the Church and in society. With regard to the family, may grandparents continue to be witnesses of unity, of values founded on fidelity and of a unique love that gives rise to faith and the joy of living."

"In the face of the crisis of the family, might it not be possible to set out anew precisely from the presence and witness of these people – grandparents – whose values and projects are more resilient?"

VISIT <u>WWW.USCCB.ORG/FAST</u> TO SIGN THE FASTING PLEDGE & TO SIGN UP FOR WEEKLY E-MAIL REMINDERS & INTENTIONS, OR TEXT "FAST" TO 99000 TO RECEIVE WEEKLY TEXT MESSAGES.