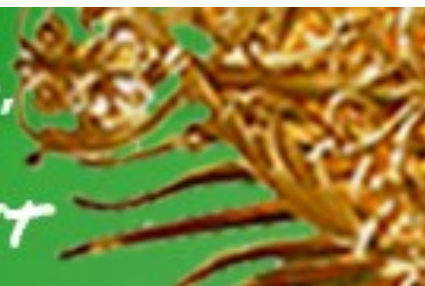




# Pray for Life, Marriage, and Religious Liberty JOIN THE MOVEMENT



## May 10: St. Damien de Veuster / Mother's Day Weekend

### Intention:

For mothers: that they may discover the depths of love through their gift of themselves to their children, and in so doing, serve as a witness of the love to which we are all called.

### Did you know?

We've all heard it said that our hearts become bigger the more we love, but did you know that during pregnancy, a mother's heart actually physically increases in size? (See: [Health on the Net Foundation](#) and [British Journal of Radiology](#)).

Also, read more about how we can follow the most perfect example of motherhood in the newest Life Issues Forum column, "[Mary, Pro-Life Inspiration](#)."

### Quick Links

- ⇒ [Call to Prayer webpage](#)
- ⇒ [Call to Prayer Facebook event](#)
- ⇒ [Previous weekly intentions/reflections](#)
- ⇒ [Fortnight for Freedom Facebook event](#)

### Reflection:

In his [Letter to Families](#), Pope Blessed John Paul II reminds us that we can't "fully find [ourselves] except through a sincere gift of self" (no. 11, quoting Second Vatican Council, [Gaudium et Spes](#), no. 24). The self-sacrifice of a mother's care for her child reveals the continuous gift of self that love entails and invites others to follow her example. There is no doubt that "love is demanding," as Bl. John Paul II said. However, "this is precisely the source of its beauty: by the very fact that it is demanding, it builds up the true good of man and allows it to radiate to others."

We must keep our eyes fixed on Christ, who helps us to see the people in our lives through his eyes and love them with his heart. As we celebrate this Mother's Day, remembering our own mothers' gift of life to us, let us take seriously our own call to self-sacrificial love, allowing that love to radiate to others.

*Mary, Mother of God, pray for us!*

*Bl. John Paul II, pray for us!*

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