The Season of Creation: September 1 – October 4

The Season of Creation spans five weeks between the World Day of Prayer for the Care of Creation (September 1) and the Feast Day of St. Francis of Assisi (October 4). This “time for creation” offers, in the words of Pope Francis, “individual believers and communities a fitting opportunity to reaffirm their personal vocation to be stewards of creation, to thank God for the wonderful handiwork which he has entrusted to our care, and to implore his help for the protection of creation as well as his pardon for the sins committed against the world in which we live.”

Below are some ways to live out these three dimensions of Pope Francis' call, both as individuals and as a community.

1. Reaffirm Our Vocation as Stewards of Creation

As individuals and families: Counteract the “Throwaway Culture"
In Laudato Si’, Pope Francis brings attention to our “throwaway culture,” which “quickly reduces things to rubbish” (no. 22). In your daily life, try to identify the ways in which you can choose reusables, rather than disposables, such as coffee mugs, reusable bags, or cloth napkins, and commit to making one change during this month.

As a community: Educational Program
Use the educational program “Befriend the Wolf” from the Catholic Climate Covenant to reflect on our vocation as stewards of creation. The program is designed to help your community contemplate the connections between all creatures under God our Creator. Visit bit.ly/CCC-BTF to access this resource.

2. Thank God for His Wonderful Handiwork

As individuals and families: Meal Prayer
Before and after meals, say a short prayer of thanksgiving for the lifegiving food that sustains and nourishes us. Briefly consider how all nourishment ultimately comes from the earth, and give thanks for all the human hands that helped bring this food to your table. May we recognize, as Laudato Si’ has taught us, that this “moment of blessing, however brief, reminds us of our dependence on God for life” (no. 227).

As a community: Eucharistic Adoration
One of the most meaningful ways we give thanks as Christians is through the sacrament of the Eucharist, a word which means “thanksgiving.” As Laudato Si’ proclaims, through the Eucharist, “the whole cosmos gives thanks to God” (no. 236). To celebrate this sacred reality during the Season of Creation, we recommend hosting a one-hour, care for creation-themed eucharistic adoration in your parish. Please visit bit.ly/PCJP-EA to access a resource created by the Vatican’s Pontifical Council for Justice and Peace for this purpose.

3. Implore God’s Help and Ask His Pardon

As individuals and families: Confession
In calling for a deep “ecological conversion,” Pope Francis has emphasized the importance of examining one’s own conscience, of recognizing one’s sins against creation, however great or small. Seeing the interconnectedness of our world leads to an understanding that “[e]very violation of solidarity and civic friendship harms the environment” (Caritas in Veritate, no. 51). We invite you to bring these sins to confession and to perform a spiritual work of mercy for our common home, such as an act of “grateful contemplation of God’s world” (Laudato Si’, no. 214).

As a community: Prayer Service
One final suggestion for this time is to organize a prayer service in your parish. The Catholic Climate Covenant has developed a four-part prayer service to be said after Mass each week. As we approach the beautiful autumn season, holding this service outside may allow for a rich experience. Please visit bit.ly/CCC-PS to access this resource.

For more resources related to care of creation, please visit the U.S. Conference of Catholic Bishops webpage on the Environment at usccb.org/environment.

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