
Litany and Intercessions to Mary, Mother of Life

In the name of the Father,
and of the Son
and of the Holy Spirit.

Amen.

Mary, Our Lady of Perpetual Help,

You showed us the preciousness
of every human life,
help us to protect and guard
the lives of the people
who are entrusted to our care,

Mary, pray for us.

Mary, Minister of Life,

Pray that we may have respect for life
from the moment of conception
until the moment of natural death,

Mary, pray for us.

Mary, Temple of the Lord's Body,

You were open to the Father's call
to be the mother of His Son.
Help married couples to
hear God's call to be
open to the gift of children,

Mary, pray for us.

Mary, Mother of God,

You made holy the vocation of motherhood,
pour out your heavenly aid
on all mothers,

Mary, pray for us.

Mary, Bride of the Father,

Along with St. Joseph and the child Jesus,
you formed the Holy Family.
Protect all families,
watch over our homes
and guard our nation,

Mary, pray for us.

Mary, Mother Most Pure,

You whom the angel called “full of grace,”
and who accepted the work
of the Holy Spirit in your life,
strengthen young people in living
the virtue of chastity,

Mary, pray for us.

Mary, Our Lady of Sorrows,

Simeon’s prophecy foretold that
a sword of suffering would pierce your heart.
Bring comfort and hope to all mothers and fathers
who suffer for their children,

Mary, pray for us.

Mary, Blessed Among Women,

God the Father asked you to be
the mother of His Son.
Help women in crises pregnancies to
embrace and nurture
the precious life in their wombs,

Mary, pray for us.

Mary, Handmaid of the Lord,

When asked to do God’s will,
you said “Yes.”
Help us to always say
“Yes” to God’s will
in our lives,

Mary, pray for us.

Mary, Comforter of the Afflicted,
We lift up the poor, the displaced and
the vulnerable members of our society.
Help them never to abandon hope
but to place their trust
in the Author of Life,
who gave them life,

Mary, pray for us.

Mary, Morning Star,
You bore in your womb Him whom
the heavens cannot contain.
Help us to image Christ in our lives
and reveal to the world
the extravagant love of the Father,

Mary, pray for us.

(State your personal petitions here.)

Mary, our Blessed Mother,
Place all our petitions before the altar of God as we pray:

The Memorare

Remember, O most gracious
Virgin Mary,
that never was it known
that anyone who fled
to your protection,
implored your help,
or sought your intercession
was left unaided.

To you we come,
before you we kneel,
sinful and sorrowful.

O Mother of the Word Incarnate
despise not our petitions
but in your mercy
hear and answer them.

Inspired with this confidence
we fly unto you,
O virgin our Mother.

Amen.