

I lie prostrate in the dust;
 give me life in accord with your word.
I disclosed my ways and you answered me;
 teach me your laws.
Make me understand the way of your precepts;
 I will ponder your wondrous deeds.
I weep in bitter pain;
 in accord with your word to strengthen me.
Lead me from the way of deceit;
 favor me with your teaching.
The way of loyalty I have chosen;
 I have set your edicts before me.
I cling to your decrees, LORD;
 do not let me come to shame.
I will run the way of your commands,
 for you open my docile heart.

Psalm 119:25-32