

## Intercession:

For elected leaders who oppose any restriction on the abortion license: may God allow them to grasp the brutal violence of abortion and the reality of post-abortion suffering experienced by countless women and men.

## Prayer:

Our Father, 3 Hail Marys, Glory Be

## Reflection:

On this feast of St. Francis de Sales, let us consider these words of the great saint: “All that we do must be motivated by love and not force. We must love to obey rather than fear to disobey.” St. Francis reminds us that all of our actions must be borne of a spirit of love, and that we find our freedom in living the truth. As we defend the dignity of human life, let us ask St. Francis de Sales to pray for us so that everything we say and do for unborn children and their grieving parents is imbued with both compassion and truth.

## Acts of Reparation (choose one)

- Go to Confession—today, if possible—or during this week.
- Fast from snacking today. Eat three meals only.
- Today, go visit an adoration chapel and spend an hour with Jesus.



Image: A mosaic of Our Lady of Guadalupe decorates a side altar in the Church of Santa Maria della Famiglia at the headquarters of the office governing Vatican City State Dec. 15. (CNS photo/Paul Haring).