



DAY SEVEN

January 22, 2016

Intercession

May each person suffering from the loss of a child through abortion find hope & healing in Christ.

Prayers

Our Father, 3 Hail Marys, Glory Be

Reflection

Today, on this 43rd anniversary of *Roe v. Wade*, we consider the past four decades in which our society has legally permitted abortion. Since that tragic decision, many children's lives have been lost, and many suffer that loss—often in silence. Yet God's greatest desire is to forgive. No matter how far we have each strayed from his side, he says to us, "Don't be afraid. Draw close to my heart."

"In the Sacrament of Penance and Reconciliation, also called confession, we meet the Lord, who wants to grant forgiveness and the grace to live a renewed life in him. ... We bishops and priests are eager to help you if you experience difficulty, hesitation, or uncertainty about approaching the Lord in this sacrament. If you have not received this healing sacrament in a long time, we are ready to welcome you" ("God's Gift of Forgiveness": www.goo.gl/oXNDBj).* Let us run into the arms of Jesus, who is love and mercy.

*Full URL: <http://www.usccb.org/prayer-and-worship/sacraments-and-sacramentals/penance/upload/Penance-Statement-ENG.pdf>

Image: A mosaic of Our Lady of Guadalupe decorates a side altar in the Church of Santa Maria della Famiglia at the Vatican. Dec. 15. (CNS photo/Paul Haring). Copyright © 2015, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.

Acts of Reparation (choose one)

- Today, go visit an adoration chapel and spend some time with Jesus.
- Go to confession—today, if possible—or during this week. Before you go, look up St. Faustina and learn a little about the message of Divine Mercy she shared during her life.
- Pray the Divine Mercy Chaplet (www.goo.gl/hD0ijW) for those who are suffering the loss of a child through abortion, asking that they find healing and peace.

One Step Further

- Hope After Abortion (www.hopeafterabortion.com)
- "How to Talk to a Friend Who's Had an Abortion" (www.goo.gl/bz3pld)*
- "Life Matters: Forgiveness and Healing after Abortion" (www.goo.gl/J2WGnW)*



*Full URL ("How to Talk to a Friend Who's Had an Abortion"): <http://www.usccb.org/about/pro-life-activities/respect-life-program/2014/how-to-talk-to-a-friend-whos-had-an-abortion.cfm>

*Full URL ("Life Matters: Forgiveness and Healing after Abortion"): <http://www.usccb.org/about/pro-life-activities/respect-life-program/2013/life-matters-forgiveness-and-healing-after-abortion.cfm>



Secretariat of
Pro-Life Activities

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4 WAYS TO JOIN

