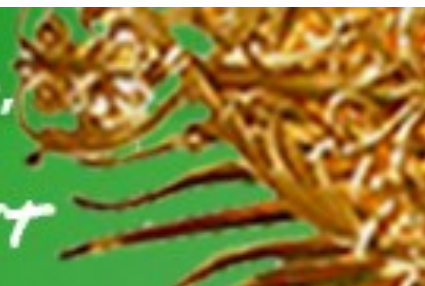




Pray for Life, Marriage, and Religious Liberty JOIN THE MOVEMENT



April 26: Friday Fast

Intention:

For all mothers and fathers facing a poor prenatal diagnosis or unexpected parenthood; that they may know the Lord's deep love for them and their child and trust in His providential care.

Did you know?

The following is the optional closing prayer of the [Chaplet of Divine Mercy](#):

Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Resources are available at the end of [this article](#) for those facing poor prenatal diagnoses. If you or someone you know is facing a crisis pregnancy, call 800-712-HELP (4357) or text "HELPLINE" to 313131 for free, confidential help.

Quick Links

- ⇒ [Call to Prayer webpage](#)
- ⇒ [Call to Prayer Facebook group](#)

Reflection:

There are times in our lives when the path is unclear and the future uncertain. We may not know what lies beyond the present moment, and we may feel frightened and anxious. However, we are not alone. Each of us is deeply loved and cherished by the Father, and we can trust in His care for us, knowing that He pays close attention to our lives: "Not one [sparrow] falls to the ground without your Father's knowledge. Even all the hairs of your head are counted. So do not be afraid; you are worth more than many sparrows" ([Mt 10:29-31](#)).

Recognizing the Lord's love, we can trust that the path on which He leads us is one that leads to our ultimate happiness — even if the path looks different from what we expect. Let us therefore run to our Blessed Mother and ask, as Pope Francis did in a tweet earlier this week, for her aid in helping us know and follow the voice of Jesus, who is [the Way, the Truth, and the Life](#).

[Read previous reflections here.](#)

VISIT WWW.USCCB.ORG/FAST TO SIGN THE FASTING PLEDGE & TO SIGN UP FOR WEEKLY E-MAIL REMINDERS & INTENTIONS, OR TEXT "FAST" TO 99000 TO RECEIVE WEEKLY TEXT MESSAGES.