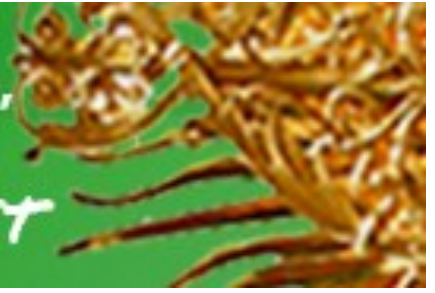




# Pray for Life, Marriage, and Religious Liberty *JOIN THE MOVEMENT*



## May 23: Friday Fast

### Intention:

May all who are suffering from the loss of a child through miscarriage find comfort in Christ's embrace.

### Did you know?

Grief is both emotionally and physically difficult. Sometimes the best way we can accompany those who are grieving is to perform simple acts of love, like helping with housework, providing meals, or just taking someone out for a cup of coffee.

### Quick Links

- ⇒ [Call to Prayer facebook page](#)
- ⇒ [Join the Movement! \(video\)](#)
- ⇒ [Call to Prayer webpage](#)

### Reflection:

Miscarriage is a painful event for anyone to go through. It is often borne silently, without the benefit of support. Couples may keep the loss to themselves, leaving others unaware of their grief, or they may speak of it and find others unsure of how to respond.

We know that in the Cross of Christ, suffering finds meaning. In order to respond lovingly to those who suffer a miscarriage, we must embrace our role as friends or family to help carry the cross with them. It is in this accompaniment of friendship and love that we hope to be a sign of Christ's tender presence.



VISIT [WWW.USCCB.ORG/FAST](http://WWW.USCCB.ORG/FAST) TO SIGN THE FASTING PLEDGE & TO SIGN UP FOR WEEKLY E-MAIL REMINDERS & INTENTIONS, OR TEXT "FAST" TO 99000 TO RECEIVE WEEKLY TEXT MESSAGES.