



# Friday Fast

For Life, Marriage & Religious Liberty

## March 29: Good Friday

### Intention:

For the strength to stand with Christ and conduct our personal and professional lives according to our religious convictions.

### Did you know?

Our call to witness to the truth continues! In February 2013, the Obama administration issued a “proposed rule” providing revisions to the HHS contraceptive and sterilization mandate. Last week, the USCCB filed [public comments](#) stating that the mandate continues to be “an unprecedented ... violation of religious liberty by the federal government” and must be changed. [Click here](#) to file your own comments, which are due **April 8!**

### Quick Links

- ⇒ [Call to Prayer webpage](#)
- ⇒ [Call to Prayer Facebook event](#)
- ⇒ [Past weekly intentions and reflections](#)

### Reflection:

In [today's Gospel reading](#), Christ says, “For this I was born and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice.” Pilate replies, “What is truth?”

In today's culture, it can be difficult to recognize truth. The question, “What is truth?” is used by many to justify various actions or inactions. Christ, however, makes clear that those who belong to truth listen to His voice.

As Archbishop Charles Chaput stated in [his homily](#) for the Fortnight for Freedom closing Mass last year, “We need to speak out, not only for religious liberty and the ideals of the nation we love, but ... for the truth of what it means to be made in the image and likeness of God. We need to be witnesses of that truth not only in word, but also in deed.” On this Good Friday, let us ardently pray to Christ our Savior for the courage and strength to express our religious convictions—to be unafraid to witness to the truth.

VISIT [WWW.USCCB.ORG/FAST](http://WWW.USCCB.ORG/FAST) TO SIGN THE FASTING PLEDGE & TO SIGN UP FOR WEEKLY E-MAIL REMINDERS & INTENTIONS, OR TEXT “FAST” TO 99000 TO RECEIVE WEEKLY TEXT MESSAGES.