January 10: Friday Fast

Intention:
For all victims of violence: that they may receive consolation from the divine Father, who showers love on every person.

Reflection:
Peace is the fruit of a society bound together in solidarity with each other and rooted in full dependence on God the Father. Loving one another as brothers and sisters in Christ saves us from the indifference prevailing in our culture. There are no “disposable lives.”*

As Pope Francis recently remarked during the World Day of Peace, “Fraternity is an essential human quality, for we are all relational beings.” This relational dimension of our human nature finds its full expression when we all embrace “a common Father.”*

In this way we can understand that belonging to each other as “sons and daughters in the Son”* not only cultivates a society of peace but also comforts and sustains a society troubled by violence. We can rest with the awareness that because we are loved beyond measure, we are capable of loving beyond the confines of a violent culture.

*Pope Francis, 47th World Day of Peace

Did you know?
January 1, 2014 marked the 47th World Day of Peace. Check out Pope Francis’ entire angelus address here!

Quick Links
⇒ Call to Prayer webpage
⇒ Pope Francis—Fraternity and the Family
⇒ When I Call for Help

Visit www.usccb.org/FAST to sign the fasting pledge & to sign up for weekly e-mail reminders & intentions, or text “FAST” to 99000 to receive weekly text messages.