May 2: Friday Fast

**Intention:**
Recalling Mary’s “yes,” may we each pray for a deeper openness to life and to all that God gives us.

**Reflection:**
May is known as the month of Mary! There are many reasons to honor Our Lady, but perhaps one of the most basic is her fiat—her “let it be” in response to God’s will. Mary’s total receptivity is a perfect example of the openness to God we are all called to embrace.

On the Feast of the Annunciation, Pope Francis reminded us that “salvation cannot be bought and sold; it is given as a gift, it is free.” Thus, “since it cannot be bought, in order for this salvation to enter into us we need a humble heart, a docile heart, an obedient heart like Mary’s.”

Through Mary we encounter Christ, who expressed God’s great love for each of us through the sacrifice of his life on the Cross in total obedience to the Father. Through the example of Christ and Mary we can see that the freedom of salvation lies in perfect obedience and receptivity to God.

**Did you know?**
May is a special opportunity to grow in Marian devotion which leads us closer to Christ. Check out these pro-life rosary prayer intentions!

**Quick Links**
- [Join the Movement!](#) (video)
- [Call to Prayer webpage](#)
- [Call to Prayer Facebook group](#)

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