



Catholic Diocese of Columbus

Communications Office
PHONE 614•241•2555
FAX 614•241•2557
E-MAIL commailbox@colsdio.org

News

DATE: July 13, 2011

NFP Awareness Week begins July 24

COLUMBUS – “God’s Love, Our Love, Our Family...Discover Natural Family Planning” is the theme of the 2011 observance of Natural Family Planning (NFP) Awareness Week, July 24-30, a time set aside by the United States Conference of Catholic Bishops (USCCB) as a reminder to, “celebrate and reverence God’s vision of human sexuality.”

The Marriage and Family Life Office of the Catholic Diocese of Columbus joins with the bishops in highlighting the benefits of NFP. Married couples who use NFP report many benefits including: better communication between spouses, increased patience and emotional maturity, deeper understanding of each other’s bodies, and growth in respect for God’s gift of fertility.

NFP classes are offered to interested couples by the Marriage and Family Life Office. To inquire about diocesan classes, call 614-241-2560 or e-mail FLOMailbox@colsdio.org. Read more regarding NFP on the USCCB web site at www.usccb.org/prolife/issues/nfp.