

Diocesan NFP Teacher Self-Study

Form C

Candidate's Name: _____

(Arch)Diocese: _____

Standards: Section II

Instructions: The purpose of this form is to evaluate the teacher's knowledge of Natural Family Planning and related Church teachings, as well as his/her ability to communicate that knowledge to couples/clients so they can effectively use NFP. It gives the teacher the opportunity to assess his/her capabilities, discover strengths, and acknowledge areas that need development. Each section below corresponds to the same letter in Section II of the Standards and has either a request for documentation or information to be filled in the blank. Once completed, the form is to be returned to the diocesan NFP coordinator and a date is to be established for its review and discussion.

Standards of Philosophy

- A. Strive to maintain a life style consistent with basic Christian values and Catholic moral teaching
- B. Accept and integrate within his/her teaching the principles of Church teachings on human sexuality, marriage and family life, conjugal love, and responsible parenthood as found in *Casti Connubii*, *Gaudium et Spes*, *Humanae Vitae*, *Familiaris Consortio*, *Donum Vitae*, *Evangelium Vitae*, *The Catechism of the Catholic Church* and related Church teachings
- C. Use and/or philosophically accept Natural Family Planning and not use any form of contraception
- L. Not recommend or refer couples/clients for contraception, sterilization, abortion or reproductive technologies that separate the unitive and procreative nature of intercourse

Documentation: Please submit your statement of philosophy using the above Standards as a guide.

Standards of Professionalism

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- E.** Meet the standards of the local diocesan NFP program, and work in harmony with its policies and staff
 - J.** Demonstrate respect for other NFP methods and willingness to refer couples/clients to them when appropriate
 - K.** Maintain client confidentiality
 - P.** Ensure program quality by
 - 3. cooperating with the local diocesan NFP program's periodic assessment of its teachers
 - 4. providing data for the periodic diocesan report to the DDP/NFP
 - 7. committing to an initial service period with subsequent offers to teach and provide follow-up for a minimum number of couples/clients or classes per year.
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Documentation: Attach a description of your professional conduct. Be sure to include examples of how you meet each of the above standards.

Standards of Knowledge & Practice

- D. Complete a *Standards* Approved NFP teacher training program and the *Standards* certification process
- F. Be capable of teaching NFP as it pertains to all phases of the reproductive life cycle
- G. Use a diocesan approved teaching format, curriculum, and materials
- H. Use effective teaching and communication techniques
- I. Be proficient in teaching at least one method of NFP
- M. Demonstrate respect for couples/clients
- N. Have a basic knowledge of couple communication skills and family dynamics as they relate to teaching NFP
- O. Maintain knowledge of the physical, emotional, and spiritual aspects of human sexuality
- P. Ensure program quality by
 - 1. providing instruction and follow-up in accord with the standards of the local diocesan program
 - 2. maintaining confidential client records concerning personal background, instruction, and follow-up, in accord with the local diocesan NFP program
 - 5. attending annually at least one NFP function sponsored by the local diocesan NFP program
 - 6. participating in appropriate continuing education and ongoing self-evaluation

Documentation: (Please answer accordingly.)

1. Name of NFP teacher training program attended: _____

2. Date training completed: _____ Date supervised practicum completed: _____

3. Did your teacher training program provide you with a client class curriculum (*class outline, slides, script, etc.*)?

_____ Yes _____ No

If the answer is "no", please explain:

4. Did your teacher training program provide you with couple/client materials (*textbook, charts, manual, etc.*)?

_____ Yes _____ No

5. NFP methods you have taught: _____

6. Number of years of teaching experience: _____

7. In the past year, how many clients have you taught? _____

8. Check each type of reproductive situation you have managed with your clients:

_____ Achieving pregnancy

_____ Breast-feeding

_____ Postpartum (not breast-feeding)

_____ Postmiscarriage

_____ Continuous discharge

_____ Post hormonal contraception

_____ Perimenopause

9. Describe how you demonstrate respect for couples/clients.

_____ and _____
(Please print name of NFP teacher.) (Please print name of NFP diocesan coordinator.)

met on _____ to review and discuss the documentation requested by this form.
(Date)

_____ (Signature of NFP teacher.) _____ (Signature of diocesan NFP coordinator)

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