

Litany of the Blessed Virgin Mary, Mother of Life

The Response is: Mary, pray for us.

Mary, Mother of all Life,
help us to respect human life from the moment of conception
to the moment of natural death. **R.**

Mary, Mother of Compassion,
You showed us how valuable a single life can be;
Help us to guard and protect the lives of all people entrusted to our care. **R.**

Mary, Mother of the Child Jesus,
with St. Joseph you formed the Holy Family.
Guard and protect all families in this earthly life; **R.**

Mary, Mother Most Holy,
You sanctified the vocation of motherhood;
Pour out your heavenly aid on all mothers and help them to be holy. **R.**

Mary, Mother of Sorrows,
Simeon's prophecy foretold that a sword of suffering would pierce your heart;
Bring comfort and hope to all mothers who suffer over their children. **R.**

Mary, Full of Grace,
You had a choice in responding to God's call;
Help us always to say "Yes" to the will of God in our lives,
And strive always to do whatever he tells us. **R.**

Mary, Comforter of the Afflicted,
Gather within your motherly mantle all who are in need of God's healing,
Especially those who have been involved in abortion;
Help them to experience the love and mercy of Christ, your Son. **R.**

Mary, Intercessor and Advocate,
We lift up the poor, the displaced, the marginalized and vulnerable members of society;
Help them to never abandon hope, but to place their trust in the God who gave them life. **R.**

Mary, Mother of the Word Incarnate, you bore in your womb him whom the heavens cannot contain;
Help us to bear witness to Christ by the example of our lives
And show the world the extravagant love of God. **R.**

All:
Remember, o most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, we fly unto you, O Virgin of virgins, our Mother. To you we come, before you we stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in your mercy hear and answer them. Amen.

To download, visit <https://www.usccb.org/resources/litany-blessed-virgin-mary-mother-life>. Order your own Litany cards in [English](#) or [Spanish](#)!