

# Prayer for Unity, to Overcome Division

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Christ Jesus,  
who gave yourself for the good of all,  
we come before you  
as brothers and sisters  
but we are divided  
and at times, even hostile--  
tearing one another down.  
We approach the altar unworthily  
and ask for your forgiveness.

Move us, instead, towards  
Encounter  
listening  
dialogue  
reconciliation, and  
a commitment to build your kingdom  
for the good of all.

Heal us, restore us,  
unite your divided family, Lord.  
Through the power of the Eucharist, overcome our divisions.  
Give us sincere hearts that  
make us open, not closed,  
and willing to encounter,  
ready to listen.

In your broken body, given for all, may we find unity  
and peace in you.

Amen.

*Inspired by the reflections of Pope Benedict XVI in [Sacramentum Caritatis](#) (The Sacrament of Charity), no. 89.*

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