

## SIMPLE STEPS

Here is a list of simple steps that you can use in your parish, school, ministry, or at home to participate in the Day of Prayer for the Legal Protection of Unborn Children and associated activities. These steps offer ideas on how to use the provided resources. Each step may not apply to your specific circumstance, but most can be adapted to suit your needs. Don't be afraid to get creative!

### 1. Spread the word!

Include the 9 Days for Life flyer in your bulletins for the weekend(s) in January before the start of the novena, or include the flyer in an email newsletter. 9 Days for Life is designed so that Catholics all across the nation can unite together in prayer for the protection of human life. Encourage those in your community to sign up at [9daysforlife.com](https://9daysforlife.com) so they automatically receive the novena when it begins! Short bulletin announcements for 9 Days for Life are also provided below. Use one of the sample bulletin announcements for the Day of Prayer for the Legal Protection of Unborn Children the weekend before to inform your community about the observance.

### 2. Invite others to participate.

Announce 9 Days for Life from the pulpit on the weekends before the start of the novena and during regularly scheduled ministry gatherings. Share about the Church's observance of the Day of Prayer for the Legal Protection of Unborn Children the weekend prior to it, and encourage parishioners to participate by offering up a personal act of prayer or penance. Information on the Day of Prayer can be included during announcements before or after Mass, or even highlighted during the homily. Sample announcements are included below to help you invite others to join in these important prayer opportunities.

### 3. Preach on respect for human life on January 22 and the weekend prior.

Sample homily helps are provided to aid priests and deacons in preaching on respect for human life in their Sunday homily and to observe the Day of Prayer for the Legal Protection of Unborn Children (January 22). For options for readings for January 22 and more information on this observance, visit [respectlife.org/january-22](https://respectlife.org/january-22).

### 4. Pray for the protection of human life during the Prayer of the Faithful.

Sample intercessions are provided for use in the Prayer of the Faithful during Masses on January 22 and the weekend before. Schools can use these intercessions to observe the Day of Prayer by praying them together at the beginning of class. Families can include these intercessions in their regular prayers in the morning, evening, or before or after a family meal.

### 5. Share what you're doing.

Use social media to share the daily 9 Days for Life prayer intentions with the hashtag **#9DaysforLife**. Highlight part of each day's reflection that stuck out to you. If a group from your parish is praying the novena together, share that on your parish social media pages, and invite others to join you!

*We would love to see how you and your family, parish, or school participate!*

Email us at [prolife@uscgb.org](mailto:prolife@uscgb.org), or tag us on Facebook ([USCCB Respect Life](https://www.facebook.com/USCCBRespectLife)) or Twitter ([@uscgbprolife](https://twitter.com/uscgbprolife)).

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