

May 15, 2026

Create in Me a Pure Heart



United States
Conference of
Catholic Bishops



Photos: Kendall McLaren

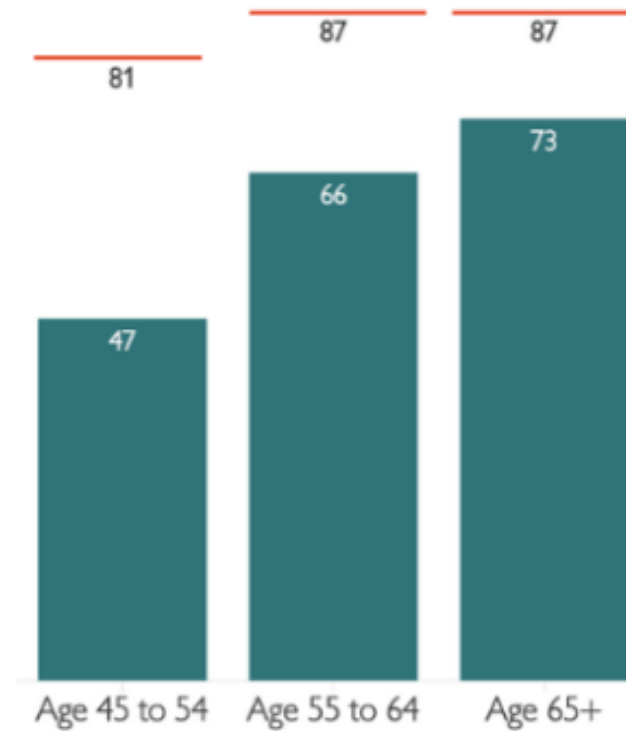


USCCB YouTube

Young Men and Older Men Are Most Supportive of Restricting Access to Online Pornography

Percentage of Americans who favor making it more difficult to access pornography on the internet

Women Men



Magazine

POLITICS

A Simple Law Is Doing the Impossible. It's Making the Online Porn Industry Retreat.

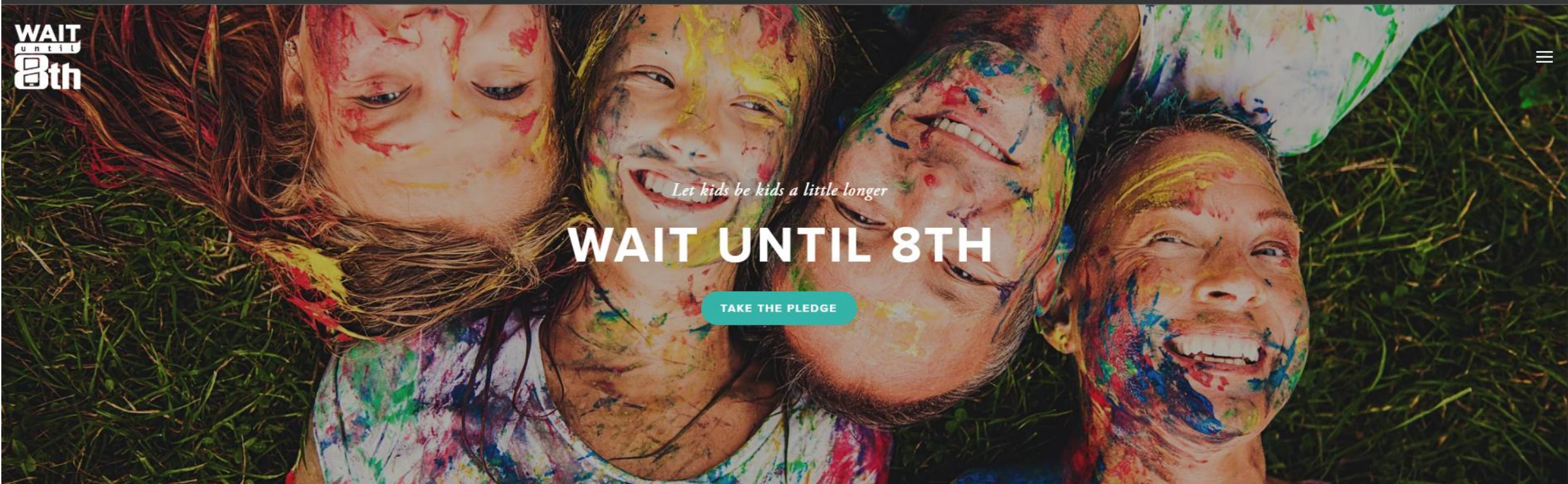
Pornhub has pulled out of multiple states rather than comply with age-verification laws.



State Rep. Laurie Schlegel, who introduced Louisiana's porn age-verification bill, at the State Capitol in Baton Rouge, La., on April 13, 2023. | Emily Kask



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We empower parents to say yes to waiting for the smartphone.

The Wait Until 8th pledge empowers parents to rally together to delay giving children a smartphone until at least the end of 8th grade. Let's protect the elementary and middle school years from the distractions and the dangers of a smartphone. Banding together helps decrease the pressure to have a phone at an early age. Ten years old is the average age children get their first smartphone. You can change this!

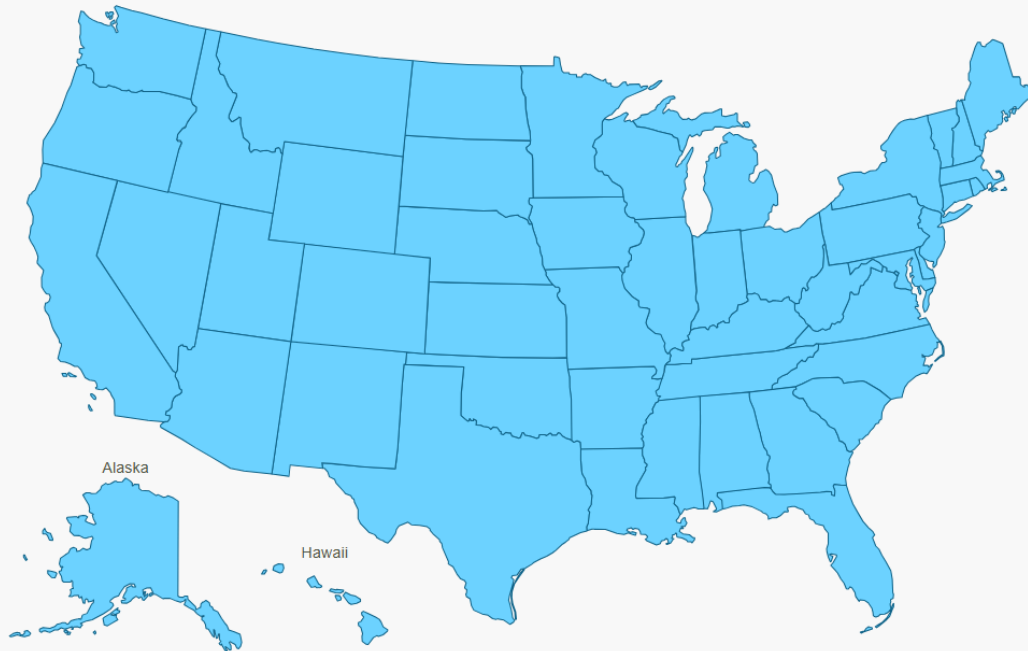
More than 130,000 parents have said yes to waiting on the smartphone for their families. This is making a tremendous difference in communities across the country!



Schedule an Appointment

In which state is the patient located?

We need to know where the patient is located so we can match you with online telehealth providers licensed in your state.



Get the Tools to Equip Individuals, Marriages, and Families

Download your annual implementation guides below. New to Safe Haven Sunday? Get started by downloading year one.

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Having Critical Conversations

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Year 3

Safety Through Connection

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Year 4

Healing Marriages and Fatherhood

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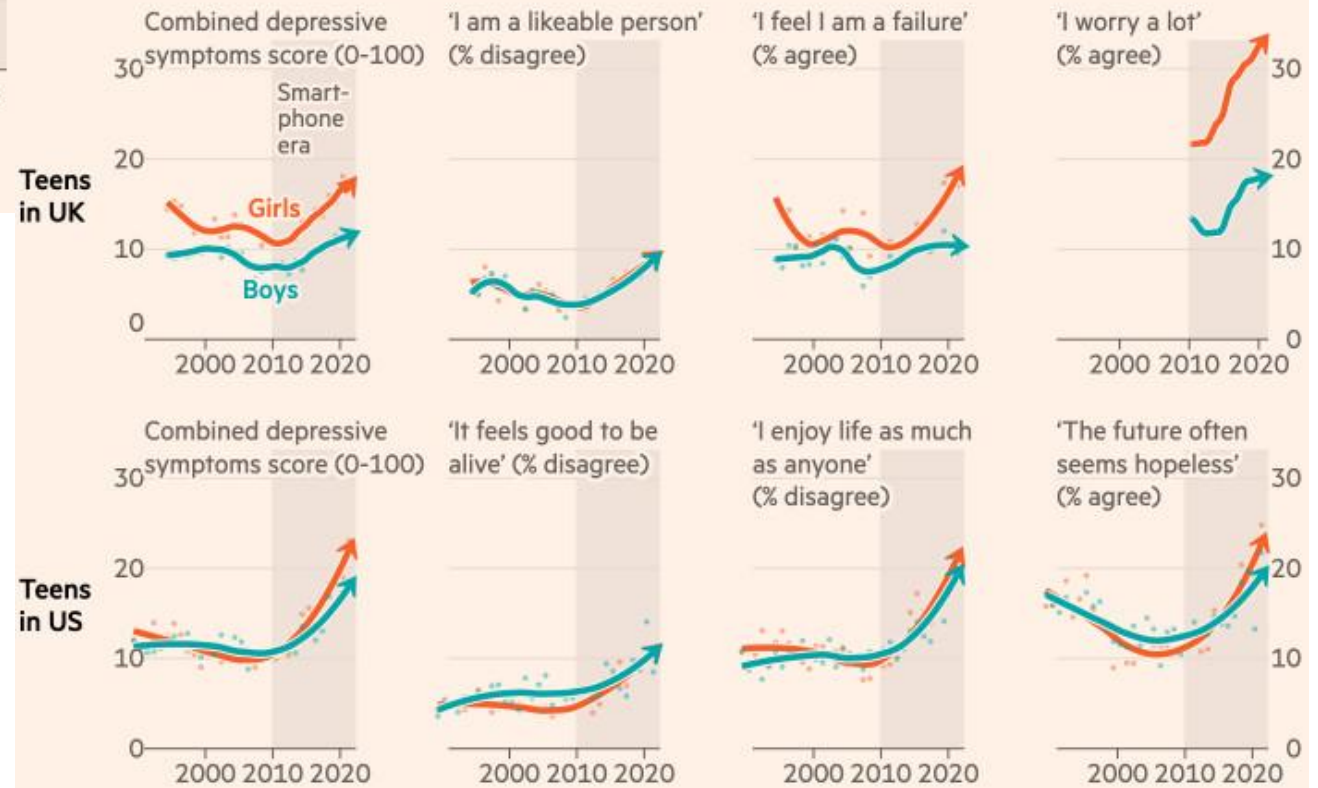
The share of US teens who only meet up with friends once a month or less has rocketed in the last decade, tracking worsening mental health

% of US teens who: a) only meet up with friends once a month or less, vs b) % who disagree with the statement that 'It feels good to be alive'



Sources: FT analysis of Monitoring the Future survey, based on prior work by Jean Twenge
 FT graphic by John Burn-Murdoch / @jburnmurdoch
 © FT

Depression, anxiety and other mental health problems are soaring among teenagers in the UK and US, especially among girls



Sources: FT analysis of Understanding Society (UK) and Monitoring the Future survey (US), based on prior work by Jean Twenge
 FT graphic by John Burn-Murdoch / @jburnmurdoch
 © FT

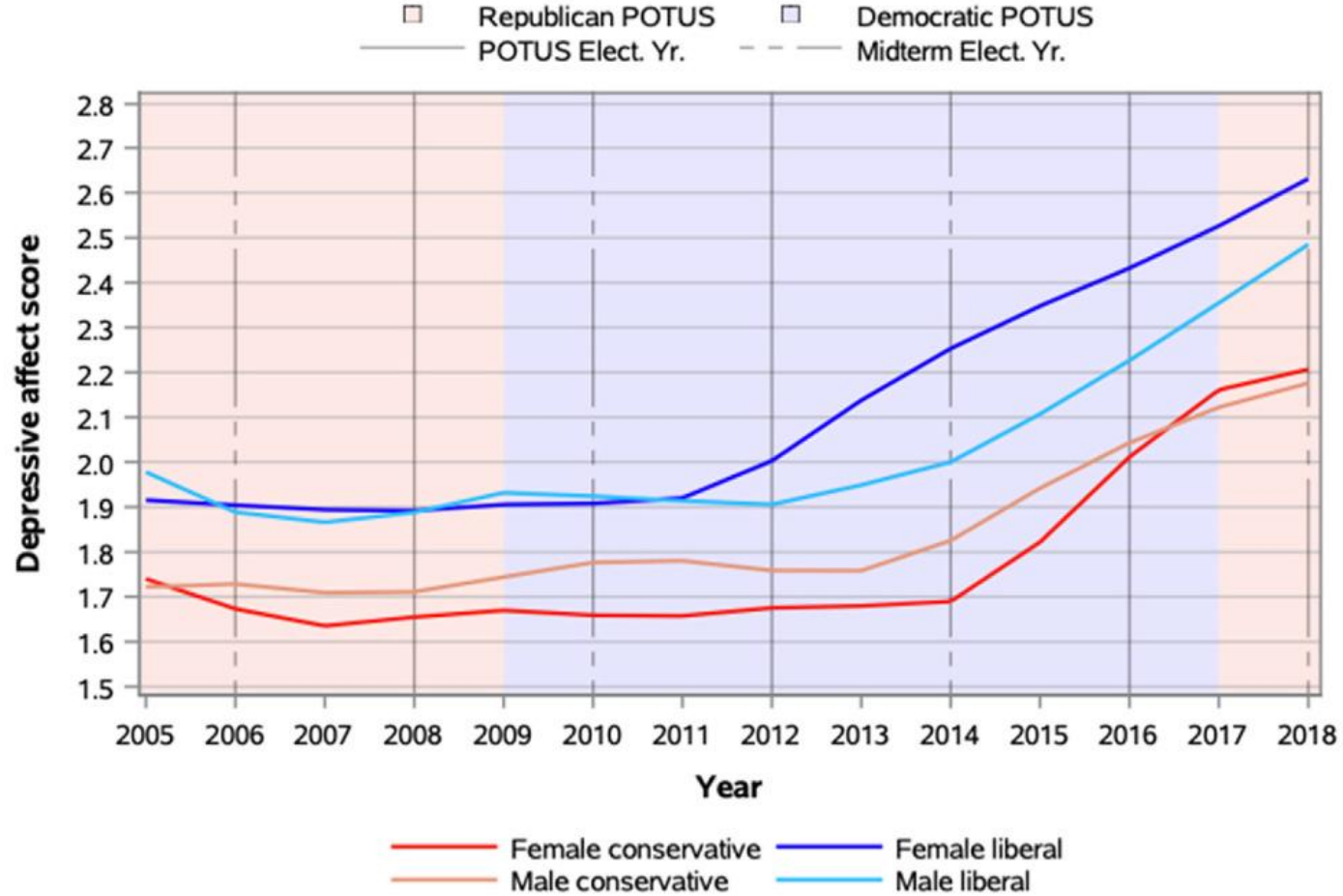


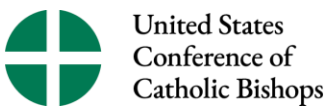
Fig. 1. Mean main effects of political beliefs on depressive affect by sex: Conservative and liberal 12th-graders from 2005 to 2018. POTUS = President of the United States. Depressive affect scores averaged across annual cross-sectional weighted samples of 12th-graders from 2005 to 2018. LOESS regression parameters plotted.

The Impact of Cellphone Bans in Schools on Student Outcomes: Evidence from Florida

David N. Figlio & Umut Özek

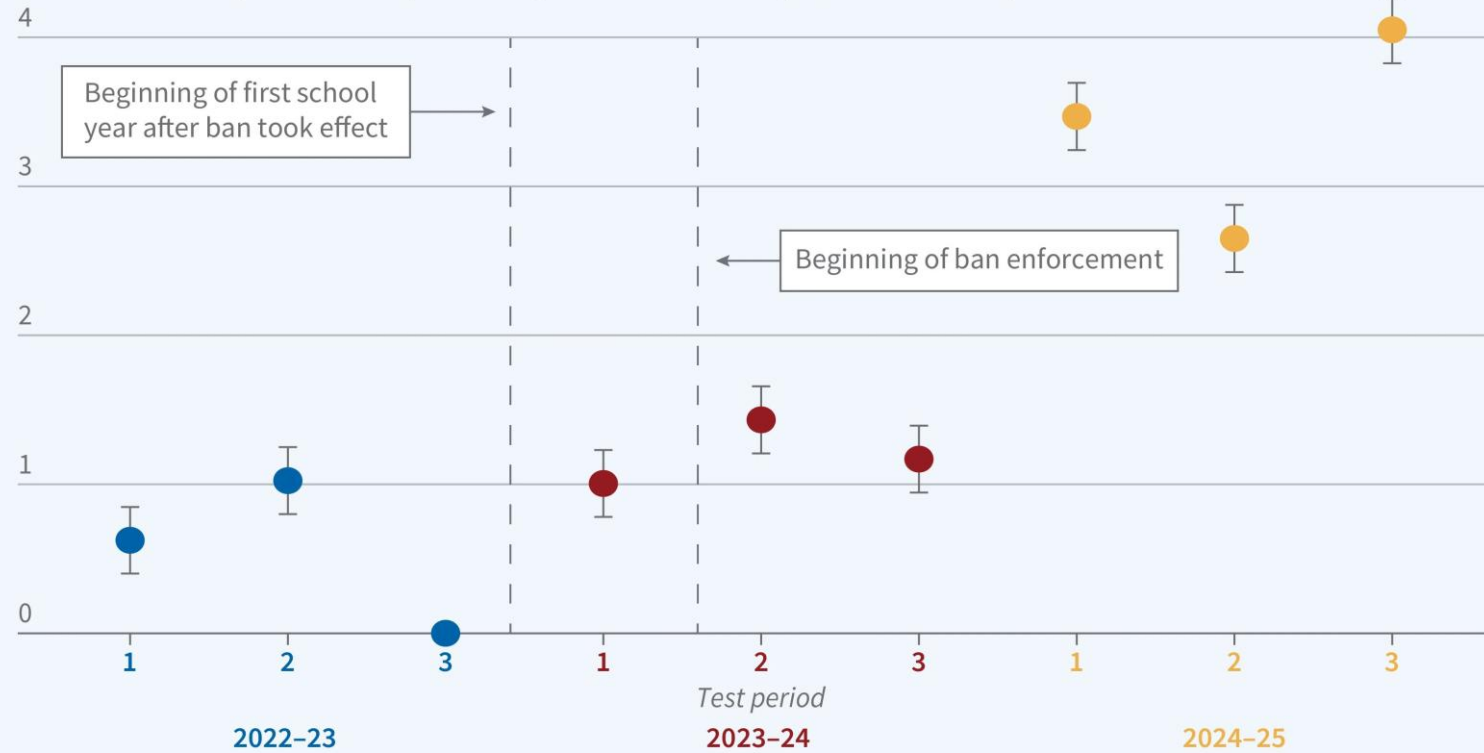
WORKING PAPER 34388 DOI 10.3386/w3438

Cellphone bans in schools have become a popular policy in recent years in the United States, yet very little is known about their effects on student outcomes. In this study, we try to fill this gap by examining the causal effects of bans on student test scores, suspensions, and absences using detailed student-level data from Florida and a quasi-experimental research strategy relying upon differences in pre-ban cellphone use by students, as measured by building-level Advan data. Several important findings emerge. First, we show that the enforcement of cellphone bans in schools led to a significant increase in student suspensions in the short-term, especially among Black students, but disciplinary actions began to dissipate after the first year, potentially suggesting a new steady state after an initial adjustment period. Second, we find significant improvements in student test scores in the second year of the ban after that initial adjustment period. Third, the findings suggest that cellphone bans in schools significantly reduce student unexcused absences, an effect that may explain a large fraction of the test score gains. The effects of cellphone bans are more pronounced in middle and high school settings where student smartphone ownership is more common.



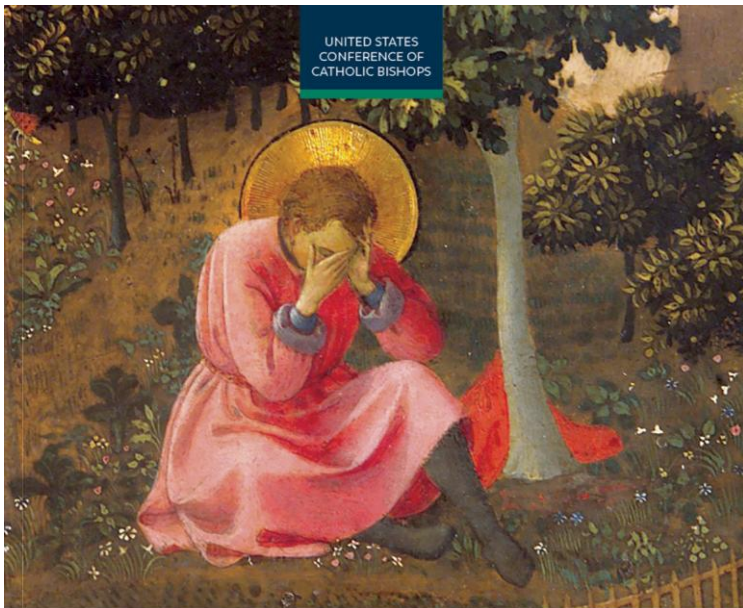
School Cell Phone Ban in Florida and Average Test Scores

Difference in average test score in percentiles, relative to third test period in academic year 2022-23



Bars represent 95% confidence intervals.

Source: Researchers' calculations using data from an anonymous large urban county-level school district in Florida.



THE USCCB COLLECTION

CREATE *in* ME a
PURE HEART

10th
Anniversary
Edition

A Pastoral Response to Pornography

COMMITTEE ON LAITY, MARRIAGE, FAMILY LIFE AND YOUTH



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