

# 24<sup>TH</sup> INTERNATIONAL WEEK OF PRAYER AND FASTING

*unites with the* **MARIANS OF THE IMMACULATE CONCEPTION** *and*  
*the* **14<sup>TH</sup> ANNUAL WORLDWIDE CHILDREN'S HOLY HOUR**



## October 2 – 10, 2016

*Today bring to Me the meek and humble souls  
and the souls of little children, and immerse them in My mercy.  
These souls most closely resemble My Heart...*

(DIARY OF ST. FAUSTINA, 1220)

**2016 THEME: THE JUBILEE YEAR OF MERCY FOR FAMILIES**

### Eucharistic Prayer Vigil

**Monday, October 10, 2016**

**9:00 a.m. – 4:30 p.m.**

Basilica of the National Shrine of the  
Immaculate Conception

400 Michigan Avenue, Northeast, Washington, D.C. 20017

- *Speakers*
- *Confessions*
- *Global Living Rosary*
- *Procession of the Nations*
- *Mass at Noon*
- *Blessing of Children*

*The International Prayer and Fasting Campaign* is a grassroots movement of Catholics and other Christians from around the world participating in a global network of prayer and fasting. Our goal is to mobilize churches, communities, schools, prayer groups, and clergy to pray and fast

- *for the conversion of all peoples and nations,*
- *to build a culture of life,*
- *for protection of marriage and family life according to Heaven's Divine Order*
- *for peace and to implore God's Mercy*

The international prayer movement is asking for people to **sign up and participate** ([www.iwopf.org](http://www.iwopf.org)) as individuals, families and parishes by organizing and offering the following:

- Daily Masses
- Rosary
- Holy Hours
- Fasting
- Divine Mercy Chaplet



### BE INSPIRED BY OUR GUEST SPEAKERS...



**FR. FRANK PAVONE** – National Director, Priests for Life; President, National Pro-Life Religious Council; Pastoral Director, Rachel's Vineyard. Fr. Frank Pavone is one of the most prominent pro-life leaders in the world. He is a priest of the Amarillo Diocese and serves full-time in pro-life leadership with his bishop's permission.



**FR. CHRIS M. ALAR, MIC**, entered the Marians of the Immaculate Conception (the religious community entrusted with spreading the message and devotion of Divine Mercy) as a Postulant in July 2006. He has been mentored by the world's leading experts in Divine Mercy and has spoken at nearly 100 parishes to date. Currently he serves as "Fr. Joseph" – the honorary title given to the Director of the Association of Marian Helpers in Stockbridge, MA.



**LILA ROSE** has dedicated herself to building a culture of life and ending abortion. She founded Live Action, a nonprofit, youth-led organization which uses new media to educate and mobilize local and national audiences to demand accountability from the abortion industry and human rights for the pre-born.

**For more information or to register, please call**

**(888) 478-PRAY or (703) 707-0799**

**OR**

**go online for information & registration [www.iwopf.org](http://www.iwopf.org)**

# 24th International Week of Prayer and Fasting

## *Ways to Participate*

Sunday, Oct. 2 –  
Monday, Oct. 10, 2016

*Our Lady has said the Rosary is  
the weapon to bring about world peace.*

In October of this year, the *International Prayer and Fasting Coalition* is calling people together to unite for nine days of prayer and fasting for four goals: *to convert peoples and nations, to build a culture of life, to protect marriage and family life according to Heaven's Divine Order and for peace in the world.*

At the conclusion of the nine days there will be a FREE all-day prayer event on **Monday, October 10** at the **Basilica of the National Shrine of the Immaculate Conception in Washington, D.C.** This international prayer event will be an all day Eucharistic Rosary Vigil with guest speakers, mass at noon, confessions and the global living rosary. Blessed Mother Teresa was a major supporter of this prayer and fasting movement.

*What will convert America and save the world?*

*"My answer is prayer. What we need is for every Parish to come before Jesus in the Blessed Sacrament in Holy Hours of prayer. The time you spend with Jesus in the Blessed Sacrament...will help bring about an everlasting peace on earth."*

— Blessed Mother Teresa of Calcutta



## Ideas for Participation for Individuals, Families, Prayer Groups, Parishes and Schools...

- **Fast** – fast on bread and water; eat only one meal a day; fast from 6 a.m. to 6 p.m., etc.
- **Pray** the Rosary daily – all four mysteries if you can
- **Attend** Holy Hour Prayer Vigils
- **Recite** the Divine Mercy Chaplet daily
- **Consecrate** yourself to the Immaculate Heart of Mary & Sacred Heart of Jesus
- **Attend** Holy Mass daily
- **Turn off** the Television for one week
- **Perform** Spiritual and Corporal Works of Mercy
- **Talk** to your Pastor and Priest requesting that they hold Eucharistic Adoration, Holy Hours, Rosary Vigils, Novenas and/or other devotions during the International Week of Prayer and Fasting. *Tell them you will help with this!*
- **Make** copies of this flyer advertising the campaign and ask your pastor's permission to distribute the flyers in your church's weekly bulletin. Give copies to family, friends, and members of your prayer group.
- **Ask** your parish's prayer groups, the Knights of Columbus and other groups to organize **Prayer and Rosary Vigils**.
- **Contact** your **local Pro-Life groups** and ask them to promote the nine day period by including the flyer in their publications.
- **Contact** your **local Catholic bookstore**. Ask them to display the flyers in their stores to help spread the word to their customers.
- **Contact** your diocese and the **religious editors** of your **local newspapers**. Ask them to include the flyer and publicity about the Prayer Campaign in their publications.
- **Sponsor** a **school Pro-Life Mass**; invite pro-life and/or chastity speakers
- **Have Catholic school students** be involved in the nine day period of prayer for our country!

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**[www.iwopf.org](http://www.iwopf.org)**

*Please feel free to copy  
and distribute*

**PRAYER & FASTING ARE GAME CHANGERS!**