Retirement Fund for Religious

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Persistent Challenges: Planning for the Year Ahead

In this Issue

NRRO 2020 Calendar

In November 1994, the National Religious Retirement Office (NRRO), the Leadership Conference of Women Religious, and the former National Association for Treasurers of Religious Institutes sponsored a think tank to explore issues related to ongoing viability among religious institutes. One of the many fruits of this gathering was a document called *A Critical Juncture: Assessing the Viability of Religious Institutes.* Among other areas, the document details impediments to mission, ministry, and membership that can impact the long-term ability of a religious institute to sustain itself.

I often find myself reflecting on these obstacles—which include everything from insufficient savings to a dwindling number of members able to participate in leadership—and how they remain a persistent concern for countless religious institutes. At the NRRO, we frequently see today's leaders struggle with the same issues that challenged their predecessors. In response, we strive to provide financial assistance and educational programming that can inspire new solutions to old problems, especially as they relate to retirement planning and eldercare delivery.



As a former congregational leader, I understand that one of the greatest challenges to viability is simply finding the time and space to plan. Most days are spent attending to immediate concerns, and few hours are left to prepare for the needs to come. With this in mind, the following pages provide an overview of the NRRO's financial and educational offerings for 2020. Whether you have one day to spare or just one hour, our hope is that the calendar will enable you to plan ahead so you can take advantage of these opportunities. We are here to support and assist you!

God bless,

Sister Stephanie Still, PBVM Executive Director

National Religious Retirement Office 2020 Calendar

January

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Direct Care Assistance

Direct Care Assistance information was sent to all religious institutes registered in the National Religious Retirement Office (NRRO) database, and applications are available at <u>usccb.org/nrro</u>. Submission of this application is the doorway to NRRO funding, educational programming, and consultative services.

February

11 Webinar

The NRRO and the Avila Institute of Gerontology kick off our annual webinar series with *The Spiritual Journey of Caregiving: Finding Compassion for Ourselves and Others.* As with all webinars,

National Retireme	Religious at Office	AVILA INSTITUTE
Join us for a FREE informative webinar.*		
The Sp	iritual Jo	urney of
aregiving	: Finding	Compassion
for Our	selves an	d Others
27 DATE / TIME	With over 43 million caregivers in the US, it is very likely that many of us will experience the joys and challenges of providing care for a lower one at some point in our lives. Caregivers consistently report that care	
February 11, 2020	giving can be one of the t	most streadul, yet also the most meaningful
1:00 - 2:00 PM (ET)	roles they have ever undertaken. Approaching caregiving as a spiritual endeavor can increase the likelihood that the role will be fulfilling.	
	neurishing, and possibly t	transformative. This webinar will look at the he US and then take a close look at one of
REGISTRATION	the best spiritual guides f	the US and then take a close box at one of for the transformative power of caregiving, at Henri Novaven, After exploring Novaven).
Go to www.avilainstitute.org to register for this webinar.	unique vision for caregivi	ing, we will focus on the necessity of self- rolver burnout. Webinar participants will
* This webinar is FREE for		ractice for use in their own caregiving roles.
NRRO members only.	This webinar is designed for individual members of Congregations as well as leadership and healthcare providers.	
Directionato register are included on pages 2-4. For further puections.		watercaw providers.
pixase contact Tricia Misononick at 15181 537-5000.	1000	Meet the Presenter
with all and and		Denise Hess, MDiv, BCC-PCHAC
	11-01	Denise currently serves as the Executive Director of the Supportive Care Coali-
		tion - a partnenhip of Catholic health
		care ministries from across the U.S.
Past NRRO webinars	E.	care ministries from across the US. committed to advancing excellence in pallative care. Denise comes to the Co-
are archived and	E.	care ministries from across the U.S. committed to advancing excellence in pallative care. Denise comes to the Co- alition with over a decade of experience
Past NRRO webinars are archived and available for FREE www.avilabathute.org/	organizational leadered	care ministries from across the U.S. committed to advancing excellence in palliative care. Denise comes to the Co-

this presentation is free for religious institutes. Learn more at <u>usccb.org/nrro</u>.

24-27 New Workshop

Join us for our newest workshop, *A Gifted Journey: Accompanying a Person Through the Dying Experience*, at the Bon Secours Retreat & Conference Center in Marriottsville, Maryland. Discover information and practical skills for companioning someone through the end of



A Gifted Journey: Accompanying a Peri Through the Dying Experience

February 24 – 27, 2020 Bon Secours Retreat Center Marriottsville, MD his or her life. To learn more and to register, download our workshop brochure under Resources at <u>usccb.org/nrro</u>. Hurry! Registration closes January 31.

March

2-4 New-Leader Workshops

26–29 NRRO Executive Director Sister Stephanie Still, PBVM, offers presentations at the Conference of Major Superiors of Men (CMSM) and Leadership Conference of Women Religious (LCWR) workshops for new congregational leaders. Hope to see you there.



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Direct Care Assistance Applications Due

Whether or not your community applies for financial assistance, you are urged to complete and return the Direct Care Assistance application. Your community's information helps the NRRO develop a more comprehensive assessment of retirement funding and needs nationally. It also furthers the NRRO's collaboration with other organizations that support religious life.

April

Catch up on educational opportunities you may have missed. Check out archived webinars at <u>retiredreligious.org/webinars/</u> and previous publications at <u>usccb.org/nrro</u>.

May	
19	Webinar (Topic: TBD) Webinars take place at 1:00 p.m. ET and last 60 minutes. Set aside an hour to focus on issues that will help your institute enhance eldercare delivery and enrich the lives of your seniors.
20	Retirement Needs Analyses Mailed
June	
30	Direct Care Assistance Distributions Made by the End of the Month

National Religious Retirement Office 2020 Calendar, continued

July

6-9 Workshop

Take advantage of an encore presentation of our February workshop, A Gifted Journey: Accompanying a Person Through the Dying *Experience*, at the Carmelite



Spiritual Center in Darien, Illinois.

August

- 4-6 **CMSM National Assembly**
- 11 Webinar (Topic: TBD)

11-14 **LCWR Assembly**

Be sure to stop by the NRRO booth at the CMSM and LCWR assemblies. We look forward to meeting you!



September

28-10/1 NRRO Eldercare Presentations

Once again, the NRRO is offering a series of eldercare and retirement-planning sessions during the Resource Center for Religious



Institutes National Conference, which is taking place in St. Louis, Missouri. Plan now to attend.

November

13

10 Webinar (Topic: TBD)

NRRO Accountability Report to CRLM

The Commission on Religious Life and Ministry (CRLM) establishes guidelines and criteria for the NRRO and comprises the bishop chairperson and staff of the United States Conference of Catholic Bishops' Committee on Clergy, Consecrated Life and Vocations and the executive directors and elected leadership of the CMSM, LCWR, and CMSWR (Council of Major Superiors of Women Religious). The NRRO's report encompasses all administrative and financial activities related to the Retirement Fund for Religious collection.

Management and Continuing Education Assistance Application Deadline

December

13

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Retirement Fund for Religious National Collection Please give it your vocal and prayerful support.

How Can We Help?

If you have questions or need help with the Direct Care Assistance application, please contact NRRO Grants Specialist Monica Glover, mglover@usccb.org or (202) 541-3216.



Do you have an idea for a webinar or a suggestion for an eldercare topic to be addressed? Contact NRRO Education and Outreach Manager Sister Georgette Lehmuth, OSF, glehmuth@usccb.org or (202) 541-3218.

Management and Continuing **Education Assistance provides** distributions of up to \$5,000 to support the acquisition of basic management tools and to underwrite the ongoing education and training of key personnel. Contact NRRO Program Associate Karen Cañas, kcanas@usccb.org or (202) 541-3215.





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Stay Connected

Please send changes in address, phone, email, or congregational leadership to the NRRO, c/o Karen Cañas (kcanas@usccb.org), so that we may keep our records and mailing lists updated.

The National Religious Retirement Office coordinates the national collection for the Retirement Fund for Religious and distributes these funds to eligible religious institutes for their retirement needs. Our mission is to support, educate, and assist religious institutes in the United States to embrace their current retirement realities and to plan for the future.

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