



Pray for Life, Marriage, and Religious Liberty *JOIN THE MOVEMENT*

November 1: Friday Fast (All Saints Day)

***Note on fasting:** On the Solemnity of All Saints, we honor all of the saints and continue to join in prayer for the building up of a culture of life, marriage, and religious liberty. Since this feast day is a solemnity, it is not appropriate to fast on All Saints' Day.

Intention:

We remember the saints and martyrs who were servants of the Lord during their earthly lives and ask that they pray for us to one day join them in heaven.

Did you know?

Many families make it a tradition on All Saints' Day to gather at a local cemetery and decorate the graves with flowers or wreaths in anticipation of All Souls' Day, which occurs on November 2. Catholics in many countries honor and pray for the departed souls who may have no one to pray for them.

Quick Links

- ⇒ [Join the Movement!](#) (video)
- ⇒ [Call to Prayer webpage](#)
- ⇒ [Call to Prayer Facebook group](#)

Reflection:



The Solemnity of All Saints is a feast in the Catholic Church that was originally instituted to honor the Christian martyrs of the late Roman Empire.

Although we often associate martyrdom with events of the past, violent persecution of Christians is still happening at an alarming rate in modern times in many countries. Therefore, in praying for the martyrs of ages past, let us also pray for suffering Christians [around the world](#) who continue to be persecuted in this day and age for following Christ.

VISIT WWW.USCCB.ORG/FAST TO SIGN THE FASTING PLEDGE & TO SIGN UP FOR WEEKLY E-MAIL REMINDERS & INTENTIONS, OR TEXT "FAST" TO 99000 TO RECEIVE WEEKLY TEXT MESSAGES.