



# Saint Dymphna

Novena for Mental Health: Removing Stigmas



# A Prayer to Saint Dymphna Patroness of Mental Health

Good St. Dymphna, great wonder worker in every affliction of mind and body, we humbly implore your powerful intercession with Jesus through Mary, for the health of the sick.

St. Dymphna, patroness of persons with mental health conditions, always look out for those men and women, for their healing and recovery, and for an end to stigma and indifference in society. Amen.

St. Dymphna, pray for us.



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