



Saint Thérèse of Lisieux

Novena for Mental Health: Childhood



Prayer for the Mental Health of Children

Jesus, you chose to enter this world as a child, and as an adult, you said "Let the children come to me" (Mt 19:14).

Your infinite beauty is so clear in the face of every child.

Yet we do not always know how to love and care for children the way they deserve. Teach us to love children more deeply and to respect their journey of growth, always modeling Christ's peace to them.

We pray particularly for children coping with mental illness and mental health challenges, and we resolve to work ever harder for systems that support children and help them thrive. Amen.

St. Thérèse of Lisieux, pray for us.



United States
Conference of
Catholic Bishops

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