| The Angelus Prayer | |
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| [If you are ringing church bells, ring bells with three pulls.] The angel of the Lord declared to Mary and she conceived by the Holy Spirit. (Recite the Hail Mary) | Have I been greeted by something or someone today that reminds me to ask what the Lord might be telling me by these words or this event? |
| [Ring bell with three pulls.] Behold the handmaid of the Lord, be it done to me according to your word. (Hail Mary) | Have I sought God's will in trying to explain the "why" of things? |
| Ring bell with three pulls. And the Word was made Flesh and dwelled among us. (Hail Mary) | Has my life in these past hours brought the Savior to birth in others and in my own soul? |
| Pray for us, O Holy Mother of God, That we may be worthy of the promises of Christ. | Yes, I ask you, Mary, to walk with me that I may be worthy of the promises he has made. |
| [Ring bell with twelve pulls.] Let us pray: Pour forth, we beseech you, O Lord, your grace into our hearts that we to whom the incarnation of Christ your son was made known by the message of an angel may, by his passion and cross, be brought to the glory of his resurrection, through Christ Our Lord. Amen. | Remember to trust in the promise of eternal life – that every thought, word, and deed is part of the journey homeward to the Father. |