

**Inventory of Local Pregnancy Help Resources**

**for the Parish of**

As part of the nationwide initiative to walk with moms in need, our parish is being asked to identify the local pregnancy help resources in our community that are currently available to a woman facing a difficult pregnancy. The needs of pregnant and parenting moms can be overwhelming, and the sources for help may not be apparent to those most needing support.

This inventory tool helps parish leaders identify local resources for pregnancy assistance such as pregnancy help centers, maternity homes, social service agencies, hospitals, and especially Catholic programs and resources. Detailed instructions for completing the inventory are available in the [Parish Action Guide](https://www.usccb.org/resources/walking-moms-need-action-guide) on pages 27-32.

Our parish efforts to document and share local resources can make all the difference in the world for a pregnant woman and her child.

**Note:**

*Please be sure to communicate with the diocesan contact person for* Walking with Moms in Need *before beginning this inventory. The diocesan contact can let you know of pregnancy help resources that have already been identified at the diocesan/regional level. These agencies and programs may have a local presence, and they may be helpful partners as parish leaders complete this inventory. The diocesan contact person may also be able to put you in touch with nearby parishes or offer cautions about external programs that may provide morally problematic services.*

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| **Parish Name:** |  |

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| **Parish Address:** |  |

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| **Pastor Name:** |  |

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| **Name of parish contact person completing inventory:** |  |

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| --- | --- |
| **Contact person’s role in the Parish:** |  |

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| **Contact person’s phone:** |  |

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| **Contact person’s email:** |  |

**Additional team members assisting with the inventory:**

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| --- | --- | --- | --- | --- | --- | --- |
| **Pregnancy**  **Help-Related Resources** | **Yes/No** | **Resource Name**  **& Address** | **Resource Website** | **Contact Person Name & Contact Info** | **List of Services**  **Provided** | **Comments** |
| Pregnancy Help Centers,  such as Heartbeat, Birthright, Care Net, or independent centers, providing pregnancy testing, direct help and/or referrals |  |  |  |  |  |  |
| Mobile Ultrasound Unit |  |  |  |  |  |  |
| Private Medical Practices offering Prenatal, Ob-Gyn, Birthing and/or Post-Partum Care |  |  |  |  |  |  |
| Catholic Hospitals and Clinics |  |  |  |  |  |  |
| Community Hospitals and Health Centers |  |  |  |  |  |  |
| Birthing Centers |  |  |  |  |  |  |
| Maternity Homes (short/long term housing) |  |  |  |  |  |  |
| Other Resources |  |  |  |  |  |  |

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| **General**  **Help-Related Resources** | **Yes/No** | **Resource Name**  **& Address** | **Resource Website** | **Contact Person Name & Contact Info** | **List of Services**  **Provided** | **Comments** |
| Catholic Charities or Other Diocesan Social Service Agencies |  |  |  |  |  |  |
| Catholic Counseling Services |  |  |  |  |  |  |
| Local Food Pantry or Food Assistance Programs |  |  |  |  |  |  |
| Housing Programs |  |  |  |  |  |  |
| Membership and Service Organizations with a local presence:  Knights of Columbus, St. Vincent de Paul Society, Catholic Daughters of the Americas, Knights of Peter Claver, Knights of Peter Claver Ladies Auxiliary, Daughters of Isabella, National Council of Catholic Women, etc. |  |  |  |  |  |  |
| State/Local Social Services |  |  |  |  |  |  |
| Drug/Alcohol Abuse Counseling |  |  |  |  |  |  |
| Child Care Programs |  |  |  |  |  |  |
| Job Training |  |  |  |  |  |  |
| Adoption Agencies |  |  |  |  |  |  |
| Family and Parenting Education |  |  |  |  |  |  |
| Legal Support |  |  |  |  |  |  |
| Other Resources |  |  |  |  |  |  |

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| **Help Available from the Parish** | **Yes/No** | **Resource Name**  **& Address** | **Resource Website** | **Contact Person Name & Contact Info** | **List of Services**  **Provided** | **Comments** |
| Direct help already provided by our parish, such as:  baby showers, diaper drives, clothing drives, food pantry collections, friendship, accompaniment, etc. |  |  |  |  |  |  |
| Donations already provided by our Parish, such as: poor box donations, baby bottle campaigns (or other collections), pregnancy care center or agency fundraisers, etc. |  |  |  |  |  |  |
| Other practical assistance provided by our parish |  |  |  |  |  |  |

**Communicating Pregnancy Help Resources**

**How does our parish currently advertise/communicate available help to pregnant mothers in need?**

| **Method/How** | **Yes/No** | **If yes, how often?** |
| --- | --- | --- |
| Bulletin or Bulletin insert |  |  |
| Vestibule |  |  |
| Bulletin board |  |  |
| Restroom flyers/brochures |  |  |
| Homilies |  |  |
| Announcements |  |  |
| Social media (Facebook, Twitter, YouTube, etc.) |  |  |
| Parish e-newsletters |  |  |
| Parish directory |  |  |
| Community bulletin boards (library, community centers, college campuses, coffee shops, etc.) |  |  |
| Parish website |  |  |
| Parish group listservs (Bible studies, women’s groups, prayer groups, etc.) |  |  |
| Sacramental preparation groups (RCIA, marriage prep, etc.) |  |  |
| Informational tables at community fairs |  |  |
| Other |  |  |

**From the parish’s perspective, how do local Catholic agencies advertise/communicate available help to pregnant mothers in need?**

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| **Method/Medium** | **Yes/No** |
| Social media ads or posts |  |
| Local newspapers and/or magazines |  |
| Radio, TV, or other advertisements  Community/neighborhood platforms |  |
| Informational tables at community fairs |  |
| Billboard advertising |  |
| Other |  |

**From the parish’s perspective, how does the diocese advertise/communicate available help to pregnant mothers in need?**

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| --- | --- |
| **Method/Medium** | **Yes/No** |
| Diocesan newspaper (ads, articles, columns) |  |
| Bishops’ annual appeal or pastoral letter |  |
| Social media ads or posts |  |
| Local newspaper/radio stations |  |
| Community/neighborhood platforms |  |
| Other |  |

**What additional Pregnancy Help Resources may still be needed in the local (parish) area?**

In looking at current resources and communications/advertising approaches to assist pregnant women in need, what **gaps** have been identified?

In looking at current resources and communications/advertising approaches to assist pregnant women in need, what **opportunities** have been identified for expanding resources/approaches?

Are there identified gaps that the parish may be able to fill or opportunities for the parish to expand upon?

Who are the local partners that could help address those gaps or opportunities?

**Thank you for taking the time to complete this inventory.**

*With the approval of your pastor, please share a copy of this inventory with the diocesan contact for this effort.*