



## WEBINAR ARCHIVES

<u><b>Date</b></u>	<u><b>Webinar</b></u>	<u><b>Presenter(s)</b></u>
<b>2024</b>		
<b>August 6</b>	Embracing Change: Discovering New Strengths with the Myers-Briggs Type Indicator	Fr. William J. Jarema, BA, MS, M. Div, MAS, NCC.
<b>May 7</b>	Myths and Realities of End-of-Life Care: Supporting the Dying in Their Final Days	Dr. Susan I. Belanger, PhD, MA, RN, NEA-BC
<b>February 13</b>	Nourishing Body and Soul: Exercise and Nutrition for Religious Communities	Helen Battisti, PhD, RDN, CDN
<b>2023</b>		
<b>November 15</b>	Cluttering, Collecting, or Hoarding?	Sister Luann Brown, BVM, LPC, CADC
<b>August 16</b>	Living Longer and Living Better	Alfred Norwood, MBA, BS
<b>May 16</b>	"Darting About as Sparks Through Stubble": Making the Most of the Days We Have	Sister Mercedes McCann, RSM, Ph.D.
<b>February 14</b>	A New Look at Brain Aging: Helping Community Members Understand, Manage, and Maintain Brain Health	Alfred Norwood, MBA, BS
<b>2022</b>		
<b>November 15</b>	Staying Hydrated – Emotionally and Spiritually	Terry Hershey
<b>August 9</b>	Approaches to Managing Conflict Within Community Life	Fr. Quinn Connors, OCarm, PhD
<b>May 10</b>	Hallowing Our Diminishments: The Good News of Aging	Maggie Meigs, PhD
<b>February 8</b>	How One's Personality Affects the Aging Process	Fr. William J. Jarema, BA, MS, M. Div, MAS, NCC
<b>2021</b>		
<b>November 30</b>	Remembering, Celebrating, Believing: Viability and Vibrancy in the Wake of the Pandemic	Rev. Eric Andrews CSP and Sister Debra M. Sciano, SSND
<b>August 10</b>	Is the 100-Year-Old the New 80-Year-Old	Dr. Helen Battisti, PhD

**Visit our online archive to access previous webinars and explore new ones: [www.retiredreligious.org/webinars](http://www.retiredreligious.org/webinars)**



<b>May 11</b>	Flourishing in a Season of Surrender	Dr. Ted Dunn, PhD
<b>February 17</b>	Developing A Resilient Lifestyle	Dr. Francis Battisti
<b>2020</b>		
<b>November 10</b>	The COVID Crisis: The Lessons We Are Learning	Sister Michael Ann Orlik, SS.C.M., Sister Barbara Sable, SS.C.M., Daniel S. Flynn, LCSW, and Kathy McDonnell, RN
<b>August 11</b>	Compassion Fatigue: A Self-Care Imperative	Mary T. O'Neill, BCC, D.Min.
<b>May 19</b>	The Relationship Between Staffing and Census: How to Tie Staff Levels to Your Census	Denise Gannon, CEO, and Bill Slater, Director of Finance and IT, at CSJ Initiatives
<b>February 11</b>	The Spiritual Journey of Caregiving: Finding Compassion for Ourselves and Others	Denise Hess, MDiv, BCC-PCHAC
<b>2019</b>		
<b>November 12</b>	Beads, Bells and Blessings: Understanding why the Mass and Other Catholic Practices are Essential	Sr. Ginger Downey, OLVM
<b>August 20</b>	Well-being and Dementia	Edward Owen Jr.
<b>May 14</b>	What does Canon and Civil Law Have to Say About Health Issues	Sr. Sharon Euart, RSM and Mr. Christopher J. Fusco
<b>February 12</b>	Person-Centered Care and Dementia	Clare Horn, LCSW
<b>2018</b>		
<b>November 13</b>	Governmental Programs for Healthcare and Related Benefits	Sr. Geraldine M. Hoyler, CSC
<b>August 21</b>	Make Good Hearing a Habit	Dr. Juliëtte Sterkens
<b>May 15</b>	Maximizing Strength and Balance at Any Age	Dr. Sasha Speer, DPT
<b>February 13</b>	Palliative Care: What It Is and How It Embodies Church Teaching	M.C. Sullivan, JD, MTS, RN

**Visit our online archive to access previous webinars and explore new ones: [www.retiredreligious.org/webinars](http://www.retiredreligious.org/webinars)**



## **2017**

<b>November 14</b>	Mediation Safety for Older Adults: Communication is the Key	Sr. Barbara Battista, SP
<b>August 22</b>	Act Now to Impact Tomorrow: Investing in Your Workforce	Martha Abercrombie, SPHR, SHRM-SCP
<b>May 16</b>	Forgiveness: Essential to the Healing Process	Br. Wayne Fitzpatrick, MM, MA, MS, CGM
<b>February 14</b>	The Future Shift of Dementia Research	Alfred W. Norwood, BS, MBA

## **2016**

<b>November 16</b>	Living at Home - Thriving at Home	Dayna Larson-Hurst, RN, MA
<b>August 16</b>	Understanding Compulsive Hoarding	Alfred W. Norwood, BS, MBA
<b>May 17</b>	Body, Mind and Soul: Creating Activity Programming for the Whole Person	Dayna Larson-Hurst, RN, MA
<b>February 16</b>	Becoming a Dementia Detective	Ann Spenard, MSN, RN-BC

## **2015**

<b>August 18</b>	Caring For and Understanding Members in the Dying Process	Dr. Robert Sawicki, MD
<b>May 19</b>	Get in the Habit of Living Well with Hearing Loss	Juliette Sterkens, AuD
<b>February 17</b>	Interacting with Religious Members with Memory Impairment	Alfred W. Norwood, BS, MBA

## **2014**

<b>November 18</b>	Preparing for Close Encounters of the Healthcare Kind	Sr. Chris Wood, OP & Laurie Sefton
<b>August 19</b>	Be Healthy: Body, Mind, Spirit	Antoinette Horn & Pamela Maidens
<b>May 13</b>	Intimacy, Loneliness and Solitude	Br. Sean Sammon, FMS

**Visit our online archive to access previous webinars and explore  
new ones: [www.retiredreligious.org/webinars](http://www.retiredreligious.org/webinars)**



**National Religious  
Retirement Office**



**AVILA INSTITUTE  
of GERONTOLOGY, Inc.**

<b>February 11</b>	Establishing an Emergency Operations Plan	Russell Phillips & Associates
<b>2013</b>		
<b>November 19</b>	Engaging Aging: Blessing or Burden?	Sr. Susan Schorsten, HM
<b>August 20</b>	Understanding Dementia and the Approaches That Work	Dr. Philip McCallion, ACSW
<b>February 12</b>	Care for the Caregiver	Ms. Karin Tomsic

**Visit our online archive to access previous webinars and explore new ones: [www.retiredreligious.org/webinars](http://www.retiredreligious.org/webinars)**