**Pray for Life**

***November 2020***

**Intercede**

May each expectant mother making an adoption plan receive support and care of the Christian community as she makes a loving choice for her child.

**Pray**

*Our Father, 3 Hail Marys, Glory Be*

**Reflect**

To a woman facing an unexpected pregnancy in difficult circumstances, adoption is sometimes felt to be worse than aborting her child. In reality, placing a child for adoption is a loving, generous, and sacrificial option that demonstrates a woman’s profound, long-term motherly care. In considering and choosing whether to place her child for adoption, a mother seeks what is *best* for her child, making a selfless act of love. Still, a woman considering adoption may experience a number of conflicting emotions. It is essential that she be supported throughout and after the process, whether she decides to place her child with another loving family or to raise her child herself.

By grace, we are made children of God through adoption and can call him, “Abba, Father!” (*Rom*. 8:15). This spiritual adoption also makes us brothers and sisters in the Lord. In this month that we celebrate all the saints, let us call on the intercession of our brothers and sisters in heaven. Through our united prayers, may expectant mothers making an adoption plan receive support and care of the Christian community as they make a loving choice for their child.

**Act** *(choose one)*

* Offer this [Prayer for Pregnant Mothers](https://www.walkingwithmoms.com/prayer-for-pregnant-mothers), praying especially for this month’s intention.
* Abstain from meat or another enjoyment for one day this week.
* Offer some other sacrifice or prayer that you feel called to do for this month’s intention.

**One Step Further**

Learn more about how you can support women by reading “[Accompanying Expectant Mothers Considering Adoption](https://www.respectlife.org/mothers-considering-adoption).”

**Did You Know?**

On November 1st the Church celebrates the Solemnity of All Saints. Nationally, November is also recognized as National Adoption Month. The USCCB offers a novena seeking the intercession of the foster father of Jesus. Consider praying the [St. Joseph Adoption Novena](https://www.usccb.org/about/pro-life-activities/respect-life-program/2016/upload/16-rlp-novena-to-st-joseph-secured.pdf).

Get monthly prayer guides at [www.usccb.org/prayforlife](http://www.usccb.org/prayforlife).

Copyright © 2020, United States Conference of Catholic Bishops, Washington, D.C. All rights reserved.