**Start *Walking with Moms in Need* TODAY!**

If a woman with an unexpected or challenging pregnancy turned to you, would you know what help is available? Could a mom struggling to care for her young kids turn to your neighborhood Catholic church and find local assistance?

Through *Walking with Moms in Need*, Catholics can help vulnerable women find support in welcoming and caring for their children.

It is a free, complete, step-by-step process that anyone can lead! With the help of others at your parish, you can make a difference in your community.

**What is it?**

*Walking with Moms in Need* offers a simple process for Catholics and their parishes to:

* Find out what help is available to local women who are pregnant or parenting in difficult circumstances;
* Identify what types of support are missing;
* Determine how their church can be part of strengthening the local support network for moms in need.

**FREE, Ready-to-Go**

**Materials at Your Fingertips**

Everything you need to implement *Walking with Moms in Need* in your parish is available for immediate download in both English and Spanish.

Get all the tools you need, such as pre-written emails and announcements, tips for running a meeting, and suggestions for to how to build a parish support network.

**Easy-to-Use Website**

All resources and materials for *Walking with Moms in Need* can be found on the website, which has easy-to-navigate menus and pages.

Sign up to receive regular email updates, access webinars, download educational materials, and more!

[www.WalkingWithMoms.com](http://www.WalkingWithMoms.com)

**Fully Adaptable Timelines**

Sample timelines provide ideas for when and how to complete the process. However, they’re just suggestions, and you can adjust as needed to move at a pace that works best for you.

**Support from Your Diocese**

In addition to answering general questions, diocesan staff can often help address specific parish needs, assist in reviewing diocesan resources, and support you in finding creative solutions to better serve moms in need. (You can find your local diocesan Respect Life director listed at [usccb.org/prolife/diocesan-pro-life-offices](https://www.usccb.org/prolife/diocesan-pro-life-offices).)

For more information on *Walking with Moms in Need,* including answers to the most frequently asked questions, visit [WalkingWithMoms.com](https://www.walkingwithmoms.com/).