



Litany of the
Blessed Virgin Mary,
Mother of Life



*The Response is: **Mary, pray for us.***

Mary, Mother of all Life,
help us to respect human life from the
moment of conception to the moment of
natural death. **R.**

Mary, Mother of Compassion,
You showed us how valuable a
single life can be;
Help us to guard and protect the lives of
all people entrusted to our care. **R.**

Mary, Mother of the Child Jesus,
with St. Joseph you formed the
Holy Family.
Guard and protect all families in this
earthly life. **R.**

Mary, Mother Most Holy,
You sanctified the vocation
of motherhood;
Pour out your heavenly aid on all mothers
and help them to be holy. **R.**

Mary, Mother of Sorrows,
Simeon's prophecy foretold that a sword of
suffering would pierce your heart;
Bring comfort and hope to all mothers who
suffer over their children. **R.**

Mary, Full of Grace,
You had a choice in responding to God's call;
Help us always to say "Yes" to the will of God
in our lives,
And strive always to do whatever he tells us. **R.**

Mary, Comforter of the Afflicted,
Gather within your motherly mantle all who are
in need of God's healing,
Especially those who have been involved
in abortion;
Help them to experience the love and mercy
of Christ, your Son. **R.**

Mary, Intercessor and Advocate,
We lift up the poor, the displaced, the
marginalized and vulnerable members of society;
Help them to never abandon hope, but to place
their trust in the God who gave them life. **R.**

Mary, Mother of the Word Incarnate,
you bore in your womb him whom the heavens
cannot contain;

Help us to bear witness to Christ by
the example of our lives,

And show the world the extravagant love of
God. **R.**

All:

Remember, O most gracious Virgin Mary, that
never was it known that anyone who fled to your
protection, implored your help, or sought your
intercession was left unaided. Inspired with this
confidence, we fly unto you, O Virgin of virgins,
our Mother. To you we come, before you we
stand, sinful and sorrowful. O Mother of the
Word Incarnate, despise not our petitions, but in
your mercy hear and answer them. Amen.



Copyright © 2026, United States Conference of Catholic Bishops, Washington, D.C.
All rights reserved.

To order, visit store.respectlife.org.