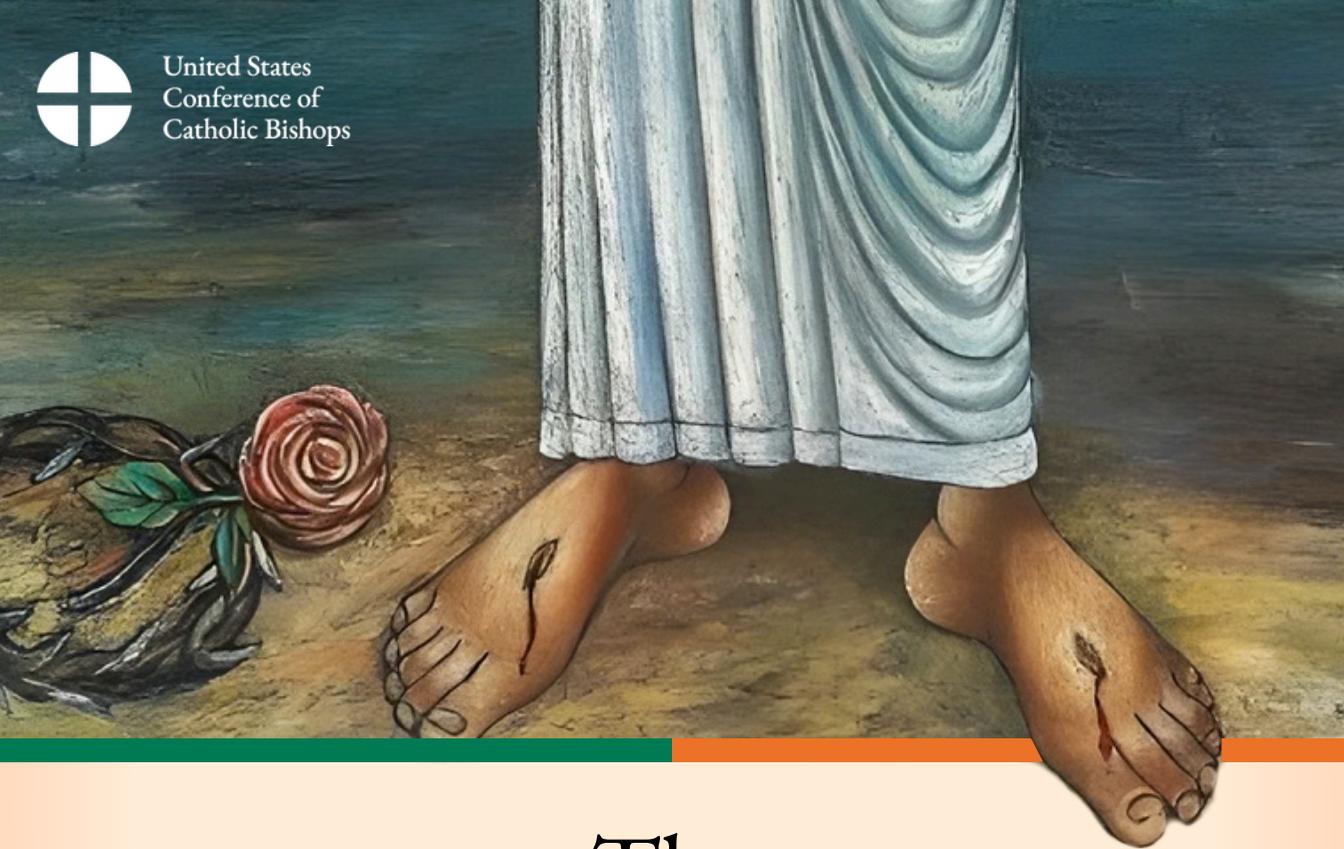




United States
Conference of
Catholic Bishops



The **Two Feet of Love** *in Action*

Two distinct but complementary ways we can respond to the call to put love in action. We call these the “**Two Feet of Love in Action**” based on Pope Benedict XVI’s reflections in *Deus Caritas Est* and *Caritas in Veritate*.

The Foot of

Justice

To Break the Cycles of Poverty

- Expand access to affordable housing
- Work to improve the education system
- Extend legal protection to unborn children
- Support environmental protection laws
- Participate in a living wage campaign
- Promote peace
- Advocate for international assistance



CNS Photo / Giampiero Spositol

“We have an obligation to ensure that every person lives with dignity and has sufficient opportunities for his or her integral development.”

- Pope Francis, *Fratelli Tutti*, no. 118

Charity

To Meet Basic Needs for People Today

- Volunteer at homeless shelters
- Tutor children
- Assist women who face a crisis pregnancy
- Participate in a community beautification program
- Donate to food pantries and clothing closets
- Sponsor a refugee family
- Raise money for an overseas development project

“Charity has the power to change reality; it is a genuine force for change in history. It is the source that must inspire and guide every effort to ‘resolve the structural causes of poverty,’ and to do so with urgency.”

- Pope Leo XIV, *Dilexi Te*, no. 91



CNS Photo / Lola Gomez

“To *love* is to give, to offer what is ‘mine’ to the other; but it never lacks *justice*, which...



...prompts us to give the other what is ‘his’, what is due to him by reason of his being.”

- Pope Benedict XVI, *Caritas in Veritate*, no. 6

This pilgrimage of love is an ongoing, lifelong journey of growth. This journey is not taken alone but together with others as we seek God’s Kingdom of justice.



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Secretariat of
Justice and Peace